92nd Running

MOUNT MARATHON RACE

Schedule of Events

TUESDAY, JULY 2ND

12pm–6 pm	Some festival booths open (Adams & Washington Streets)

WEDNESDAY, JULY 3RD

9 am–6 pm	Festival booths open (Adams & Washington Streets)
5 pm–7 pm	Pasta Feed presented by Future Farmers of America (Seward High School)
5 pm–8 pm	Bib pick-up (Seward High School)
7:00 pm	Raffle & auction for men's and women's race (Seward High School)
7:45 pm	Race safety meeting (Seward High School)
Midnight	Fourth of July Fireworks Display presented by Subway (Waterfront Park)

THURSDAY, JULY 4TH

8 am–4 pm	Race headquarters open at Rae Building (125 Third Ave)
8:40 am	Opening Ceremony (Grandstand on Fourth Avenue, b/w Washington & Adams)
8:50 am	The "Star Spangled Banner"
9 am–4 pm	Festival booths open (Adams & Washington Streets)
9:00 am	Annual Pie Sale at the Methodist Church (Fourth Ave & Church St)
9:00 am	Junior Race (Fourth Ave & Adams St)
10:45 am	Mini Mount Marathon Racer Round Up (Fourth Ave & Adams St)
11:00 am	Chicken BBQ at the Catholic Church (Fifth Ave & Jefferson St)
11:00 am	Sloppy Joe Booth at the Lutheran Church (Third Ave & Jefferson St)
11:00 am	BBQ Rib Feed at the American Legion (Fifth Ave & Jefferson St)
11:00 am	Women's Race 1st Wave (Fourth Ave & Adams St)
11:05 am	Women's Race 2nd Wave (Fourth Ave & Adams St)
11:15 am	Mini Mount Marathon Race for 2–6 year olds (Fourth Ave & Adams St)
1:00 pm	July Fourth Parade (Downtown; see p.6 for route)
2:00 pm	Men's Race 1st Wave – (Fourth Ave & Adams St)
2:05 pm	Men's Race 2nd Wave – (Fourth Ave & Adams St)
6:00 pm	Awards Ceremony – AVTEC Gymnasium (519 Fourth Ave)

Welcome!

WE'RE A LITTLE CRAZY. IN A BIG WAY.

Welcome to Seward for the 92nd running of the Mount Marathon Race and our Fourth of July festivities!

While you're here, take a walk along Resurrection Bay, hike some of our less insane trails and enjoy what Seward is all about—getting outside, exploring and having fun with friends and family! In a small town like ours, you're certain to run into a familiar or friendly face.

The night before the race, pick a good spot along the waterfront to watch the stunning Fourth of July Fireworks Display presented by Subway. The show starts at midnight, the only time it gets dark enough for us to light up the sky!

On July 4, races start at 9 a.m., 11 a.m. and 2 p.m., giving spectators plenty of chances to enjoy the festival and experience the race from different parts of the course.

Marvel as racers from ages 7 to 83 complete a grueling climb up the steep trail before returning down the mountain in a controlled free fall. Don't be shocked if you see some dirt, mud, shale and blood—if you make it out of the Mount Marathon Race unscathed, you should have tried harder!

Whether it's your first time in Seward or your 50th consecutive race—cheers to you, Fred Moore!—we're happy you're here. This iconic Alaska tradition is made possible by the generous support of all our race partners and 300+ volunteers. Please thank them and support our partners' businesses!

Happy Fourth of July and good luck racers!

– The Seward Chamber of Commerce and Mount Marathon Race Committee

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Spectator Tips

Seward is the place to be on the Fourth of July! Our small towns welcomes up to 30,000 visitors each year. Whether you're here to race (or just cheer), watch our fireworks display from the beach, or revel in the festivities, here are some things to keep in mind.

With three races throughout the day, you'll have plenty of time to see the race from different vantage points. You can watch the start and finish on 4th Avenue, or head to Jefferson Street and see how racers tackle the base of the mountain. For those who want to do some climbing of their own, spectators are invited on the trail, but please take the HIKING TRAIL, which starts at the intersection of 1st and Monroe Streets.

Wherever you watch, be sure to obey race officials and volunteers. And definitely STAY OFF the RACE TRAIL. Racers have trained hard for the Mount Marathon Race, don't be the person who messes up their day.

RACE START TIMES

9 A.M.—JUNIORS' RACE
(BOYS AND GIRLS START AND RACE TOGETHER)

11 A.M.—WOMEN'S RACE
(BIB #1-199, FOLLOWED BY BIB #400 AND UP AT 11:05 AM)

2 P.M.—MEN'S RACE
(BIB #1-199, FOLLOWED BY BIB #400 AND UP AT 2:05 PM)

The women's and men's race start times alternate annually.

No Dogs Allowed

For the safety of all runners and spectators, NO DOGS, leashed or unleashed, are allowed in the downtown area or along the race course. This includes all race trails on the mountain. Visit Seward.com for a list of providers who can walk or watch your dog on race day.

Getting Around

Visitors are encouraged to carpool or enjoy a scenic train ride from Anchorage to reduce the amount of traffic in town around the Fourth of July. Once here, hope on our free shuttle—maps are available at the Visitor Center—call a taxi, or rent a bike to get around. If you do have a car, park legally and avoid blocking private driveways.

Red White and Blue Goes Green

Our 2019 Fourth of July Festival will be greener than ever, thanks to a new partnership between race organizers at the Seward Chamber of Commerce and a local grassroots organization, Sustainable Seward.

Look for these exciting changes at this year's festival:

- Special recycling containers will be available downtown for festival goers to responsibly dispose of aluminum, plastic and cardboard.

- Vendors using 100% recyclable, compostable or biodegradable items will be classified as "All the Way to Green."

- Vendors using no polystyrene and more than 50% recyclable, compostable or biodegradable items will be classified as "On the Way to Green."

- An on-site water truck will allow runners and spectators to fill reusable water bottles.

- Reusable water bottles (price varies) and recyclable aluminum water bottles ($1) will be available for purchase through Sustainable Seward and other vendors.

We appreciate your help keeping Seward clean and green during our Fourth of July festivities, from Race Point all the way to the finish line.

Learn more about Sustainable Seward on Facebook.

HYDRATE RESPONSIBLY! REFILL YOUR REUSABLE WATER BOTTLE OR TRY AN INFINITELY RECYCLABLE ***OPEN WATER*** AT SUSTAINABLE SEWARD'S WATER STATION NEAR THE FINISH LINE.

Festival Fun

Fuel up before the race with some delicious food, pick up a souvenir to congratulate a racer, or try on a new pair of trail running shoes after being inspired by our runners!

Check the inside front cover for a full schedule of events.

FESTIVAL BOOTH SCHEDULE

Tuesday, July 2: 12–6 p.m. (some vendors)

Wednesday, July 3: 9 a.m.–6 p.m. (all vendors)

Thursday, July 4: 9 a.m.–6 p.m. (all vendors)

PARADE

The annual parade starts at 1 p.m. The streets are cleared, so be sure to stake your claim to a piece of sidewalk along the route through Seward's historic downtown and enjoy the different floats from local groups!

OFFICIAL FESTIVAL VENDORS

Alaska Shakeup Lemonade
Alpine Fit
Altra Running
Arctic Pups
Art Glass by Sara Chatfield
Becky's Kettle Korn
Dippin Dots
Harkey Concessions
Headband Happy
Hot Dogs Ala Carte
Hydrate Alaska
Mobile Munchies
Mountains & Mermaids
Original Gourmet Ice Cream
Porky's Chops & Cheese
Roadrunner Designs
Saltwood Smokehouse
Siren's Food Truck
SuperJewelry
The Blushing Salmon
The Smokehouse BBQ
Wiki Wiki
Yukon Concessions

FIREWORKS

The 2019 Fourth of July Fireworks Display is presented by Subway.

The fireworks will launch at midnight from the Harbor Uplands, near the Mariners Memorial. You can spot them from all over town, but some favorite viewing spots include the Waterfront Park, Seward Boat Harbor or on a boat in the bay.

An "Impossible" Race

FUN FACTS

No races were held from 1920–1924 (railroad construction) and in 1942 (World War II).

In 1929, second place went to Benny Benson, the designer of Alaska's state flag.

Women were officially invited to race in 1964, nearly a decade before the Boston Marathon.

SO TWO GUYS WALK INTO A BAR.

Over drinks, they begin arguing about whether or not Lowell Mountain, towering over town, could be climbed and descended in less than one hour. "Impossible!" the dubious sourdough exclaimed.

A wager was made and a race was held on July 4, 1915. The winning racer completed in challenge in one hour and two minutes, forcing the optimistic sourdough to buy drinks for the entire crowd.

Word of Seward's famous "mountain marathon" race quickly spread and the event grew in popularity over the years. Lowell Mountain became known as Mount Marathon, making it one of the only mountains in the world named after a race.

There are only a few footraces older than Mount Marathon, including the Boston Marathon. Our race is believed to be the oldest mountain race in the United States.

And, it turns out that original boastful sourdough was right: An hour isn't that impossible after all!

Remembering Ralph Hatch

SEPT. 2, 1924–NOV. 20, 2018

It is with heavy hearts and deep gratitude that we remember Ralph Hatch, an Alaska mountain running legend.

Ralph holds the record for most Mount Marathon wins by a Seward man—six victories—including five consecutive wins from 1946–1950.

Ralph moved to Seward from Unalaska when he was 7 and spent a lot of his time hiking up Mount Marathon as a boy. "I think it was just natural for him to want to participate and want to be in it," said his son, Arne Hatch.

Later as an adult, Ralph consistently trained on the mountain. When he wasn't running up to the race point, he would enjoy the mountain on a hike while carrying his two eldest daughters in a backpack. (Ralph and his beloved wife of 70 years, Anne, had five children together).

During Ralph's era, cash prizes were awarded to race winners. Each year that he won, the Hatches would use his earnings to visit family in the Lower 48.

Ralph was never boastful of his race wins and took compliments with graciousness, if not self deprecation, according to his daughter Betty Hatch.

"His accomplishments at the time were groundbreaking for a young Alaskan Native man," she said. "I'm very proud to be his daughter."

The Only Thing Harder Than Earning a Finish...

GETTING A BIB.

The Mount Marathon Race is capped at 1,000 racers (350 men, 350 women, 150 boys, 150 girls). So, just having the guts to face 3,022 feet of insanity isn't enough; you need a bib. Some joke that earning your spot at the start line is just as hard as crossing the finish line.

Each year, the first 225 eligible finishers from the previous year's race gain priority racer status and are invited to register again. Previous first place winners, those with 10-year racer status and junior-to-adult racers who age into the adult race are also invited to register as priority racers. That leaves some, but not a lot, of spots for newcomers.

The best bet for a potential racer is to enter the lottery, which draws more than 1,000 entrants each year. Potential racers can also auction into the men's and women's races. This year for the first time, three men's and women's bibs were auctioned online. Seven more bibs for each race will be auctioned off the night before the race, July 3 at 7 p.m. Competition for the auction is fierce, with bids starting at $200 and reaching up to $3,000.

For the luckiest of would-be racers, one bib is raffled off prior to the auction. One-hundred percent of the raffle proceeds are donated to a local non-profit to benefit the residents of Seward.

Racers can earn or petition for a race spot. In rare instances, the Mount Marathon Race committee approves petitions because of special circumstances, like outstanding results in other mountain races. Petitioners get a one-time opportunity to experience the race.

A spot can also be earned by winning one of the Alaska Mountain Runners Grand Prix races. The adult male and female winners of Crazy Lazy, Government Peak, Kal's Knoya Ridge Run, Bird Ridge, Matanuska Peak Challenge, and Alyeska Mountain Run can request an invitation.

2018 Top Finishers

MEN

1 David Norris 42:13 27 Anchorage, AK
2 Max King 42:33 38 Bend, OR
3 Adam Jensen 45:41 37 Anchorage, AK
4 Matt Shryock 45:52 31 Anchorage, AK
5 Benjamin Marvin 46:17 37 Palmer, AK
6 Luke Jager 46:20 18 Anchorage, AK
7 Lars Arneson 47:07 28 Anchorage, AK
8 Erik Johnson 47:09 41 Seward, AK
9 Kenneth Brewer 47:13 25 Chugiak, AK
10 Jim Shine 47:46 41 Anchorage, AK

WOMEN

1 Jessica Yeaton 51:30 26 Anchorage, AK
2 Denali Foldager-Strabel 52:00 28 Seward, AK
3 Christy Marvin 52:04 37 Palmer, AK
4 Najeeby Quinn 52:42 38 Anchorage, AK
5 Hannah Lafleur 54:02 29 Boulder, CO
6 Allison Barnwell 56:29 26 Seward, AK
7 Rose Frankowski 56:42 26 Anchorage, AK
8 Abby Jahn 56:54 25 Anchorage, AK
9 Julianne Dickerson 58:45 30 Anchorage, AK
10 Mira Hopkins 59:14 24 Anchorage, AK

BOYS

1 Michael Connelly 26:56 16 Chugiak, AK
2 Ali Papillon 28:40 13 Boulder, CO
3 Gavin Block 29:01 16 Palmer, AK
4 Daniel Bausch 29:27 17 Anchorage, AK
5 Bodhidharma Gross 29:27 17 Boulder, CO
6 Everett Cason 29:47 16 Anchorage, AK
7 Michael Earnhart 29:51 15 Eagle River, AK
8 Jacob Lestina 30:35 15 Eagle River, AK
9 Kelemen Legate 30:48 17 Anchorage, AK
10 Sebastian Szweda Mittelstadt 31:07 16 Indian, AK

GIRLS

1 Kendall Kramer 34:05 16 Fairbanks, AK
2 Aubrey LeClair 34:31 17 Anchorage, AK
3 Katey Houser 35:13 14 Palmer, AK
4 Adrianna Proffitt 35:58 16 Chugiak, AK
5 Teagan Smith 36:05 13 Anchorage, AK
6 Quincy Donley 36:47 15 Anchorage, AK
7 Sadie Benter 37:00 13 Anchorage, AK
8 Riana Boonstra 38:11 17 Kenai, AK
9 Nowelle Spencer 38:23 15 Anchorage, AK
10 Kylie Judd 38:59 17 Anchorage, AK

Historical Winners

WOMEN

2018 Jessica Yeaton 51:30
2017 Allison Ostrander 49:19
2016 Christy Marvin 51:02
2015 Emelie Forsberg 47:48
2014 Holly Brooks 52:49
2013 Christy Marvin 53:20
2012 Holly Brooks 51:53
2011 Kikkan Randall 52:03
2010 Cedar Bourgeois 51:48
2009 Cedar Bourgeois 54:19
2008 Cedar Bourgeois 52:11

MEN

2018 David Norris 42:13
2017 Scott Patterson 44:30
2016 David Norris 41:26
2015 Kilian Jornet Burgada 41:48
2014 Eric Strabel 44:46
2013 Eric Strabel 42:55
2012 Matt Novakovich 44:07
2011 Eric Strabel 44:40
2010 Trond Flagstad 44:40
2009 Matias Saari 48:00
2008 Trond Flagstad 44:03

JUNIOR GIRLS

2018 Kendall Kramer 34:05
2017 Molly Gellert 32:53
2016 Molly Gellert 31:55
2015 Riana Boonstra 32:38
2014 Allison Ostrander 28:54
2013 Allison Ostrander 31:40
2012 Allison Ostrander 32:50
2011 Allison Ostrander 30:32
2010 Allison Ostrander 31:15
2009 Allison Ostrander 34:24
2008 Allison Barnwell 36:59

JUNIOR BOYS

2018 Michael Connelly 26:56
2017 Luke Jager 29:09
2016 Luke Jager 27:29
2015 Luke Jager 27:39
2014 Michael Marshall 29:36
2013 Lyon Kopsack 27:03
2012 Miles Knotek 27:17
2011 Miles Knotek 26:18
2010 Alexander Babos 27:29
2009 Alexander Babos 28:36
2008 Austin Gillespie 31:04

Age Group Records

JUNIOR RACE

The Junior Race (ages 7-17) began in 1964. The age group divisions were created in 1994. This race follows the same route as the senior race but racers turn around halfway to the summit. Junior racers may race as individuals as well as on teams.

Boys' Record: Bill Spencer 1973 24:30
Girls' Record: Allison Ostrander 2014 28:54

Boys' Age Group Records
7- 11 Aaron Thrall 1994 30:51
12-14 Michael Marshall 2010 28:48
15-17 Miles Knotek 2011 26:18

Girls' Age Group Records
7- 11 Allison Ostrander 2008 37:35
12-14 Allison Ostrander 2011 30:32
15-17 Allison Ostrander 2014 28:54

WOMEN'S RACE

In 1985, a separate race for women was established with 54 women finishing the race. In 1996, the women's race was filled for the first time.

Record: Emelie Forsberg 2015 47:48

Women's Age Group Records
18-29 Emelie Forsberg 2015 47:48
30-39 Carmen Young 1986 50:54
40-49 Teresa Brady 2007 58:42
50-59 Sheryl Loan 2012 59:23
60-69 Ellyn Brown 2015 1:08:12
70-79 Mary Hensel 2008 1:57:02

MEN'S RACE

The challenge of the mountain entices racers every year and intrigues visitors from all over the world.

Record: David Norris 2016 41:26

Men's Age Group Records
18-29 David Norris 2016 41:26
30-39 Eric Strabel 2013 42:55
40-49 Trond Flagstad 2012 44:26
50-59 Barney Griffith 2012 48:09
60-69 Barney Griffith 2018 53:34
70-79 Fred Moore 2010 1:07:09
80-89 Corky Corthell 2009 1:52:59

Golden Racer Option

The Golden Racer option is available to racers 70 years or older who have completed 10 or more races. Golden Racers start in their appropriate race division (men's or women's race) but turnaround halfway to the summit. They must reach their turnaround at the Junior Race Point within one hour of their start time and complete the race within 2.5 hours to receive an official Golden Racer finish time.

Pro Tips

RACE STRATEGY FROM SEWARD RUNNERS

SCREE "COMING DOWN THE SCREE IS REALLY JUST A CONTROLLED FALL. YOU FEEL LIKE A LITTLE KID RUNNING DOWN A HILL AS FAST AS YOU CAN." –HANNAH LAFLEUR

GULLY "ON RACE DAY, THERE IS NO HOLDING BACK. IT'S HALF RUNNING, HALF DANCING WITH THE TERRAIN." –PYPER DIXON

BASE OF THE MOUNTAIN "I GO UP THE ROOTS AND DOWN THE CLIFF SEVERAL TIMES IN A ROW TO GET MY HAND HOLDS AND FOOTING JUST RIGHT. IT'S DEFINITELY ONE OF THE MOST TECHNICAL PARTS OF THE MOUNTAIN, BUT ALSO THE MOST FUN." –LINNEA HOLLINGSWORTH

HOME STRETCH "WITH EACH STEP I GET CLOSER TO THE CROWD. SO, WHEN IT STARTS TO HURT, I KEEP THAT IN MIND." –MIKE HEATWOLE

APPROACH "DON'T GO OUT TOO FAST, SAVE SOME FOR THE UPHILL." –BETTY HATCH

SEWARD ALASKA RESIDENT SAM YOUNG, SHOWN ABOVE, IS A THREE-TIME MT MARATHON CHAMPION WHO HAS RESCUED COUNTLESS UNPREPARED HIKERS

COURTESY OF CAROL GRISWOLD

ESSENTIAL TRIVIA

CURRENT RECORD

Men: David Norris, 2016 | 41:26
Women: Emelie Forsberg, 2015 | 47:48
Girls: Alison Ostrander, 2014 | 28:54
Boys: Bill Spencer, 1973 | 24:30

FIRST WINNER

James Walters, 1915 | 1:02:02

YOUNGEST WINNER

Ephraim Kalmakoff, 1928 | Age 16* | 52:35

OLDEST WINNER

Todd Boonstra, 2003 | Age 41 | 47:32

LONGEST RECORD HOLDERS

Bill Spencer, 43 years
Set junior record 1973 – Current
Bill Spencer, 39 years
Set men's record 1974
Broke his own record in 1981 – 2013
Nancy Pease, 25 years
Set women's record 1990 – 2014

MOST RACE WINS

Nina Kemppel, 9 wins | 1994, 1996 – 2003

MOST JUNIOR RACE WINS

Allison Ostrander, 6 wins | 2009 – 2014

MOST WINS BY LOCAL RESIDENTS

Cedar Bourgeois, 7 wins | 2004 – 2010
Ralph Hatch, 6 wins | 1946 – 50, 1953

MOST CONSECUTIVE RACE FINISHES

Fred Moore, 49 finishes | 1970 – Current
Ellyn Brown, 30 finishes | 1989 – Current

OLDEST FINISHERS

Corky Corthell, age 82 | 2011 | 1:56:45
Millie Spezialy, age 77 | 2015 | 2:18:37

**Official records offer conflicting accounts of Ephraim Kalmakoff's age, which is estimated to be 14–16 years old in 1928.*

Local Legends

Joe Nyholm

Joe will be running his 10th adult race this year, with two junior races before that. Spectators may have a hard time recognizing him on race day, since Joe dons a Gumby costume on the trail.

What started as an inside joke with his Seward Cross Country coach Dan Marshall has morphed into a tradition for Joe, who wants to pioneer a costume division on race day—as if the course isn't hard enough!

Why he races: I ran cross country and did the junior Mount Marathon Race in high school, but have only really felt like I have been serious with racing in longer races like the Crow Pass Crossing or ultra marathons like the Resurrection Pass 100. Plus it is hard to "race" in a costume!

Favorite part: For the event as a whole, I am always excited to see records fall and to see how well the locals place. As for running it, my favorite part is the top 2,000 ft of the descent on the buttery smooth scree! Some people are afraid of the downhill—and rightly so on the bottom half—but the top half is just bliss!

On Seward: I have lived on and off in Seward since high school and moved back after college. Mount Marathon is like an old friend. This year in particular I have started exploring a lot of the side and game trails. Fun Fact: there are at least 4 unique trails up the mountain.

Memorable mountain moments: A race to the finish with Birdman one year (I think he won). The first couple of years I ran with a full body Gumby suit and had an 11 minute downhill split one of those years. I have always wondered what that would have been without the Gumby suit.

On training: The year I ran a PR I was doing heat training with sweaters to simulate the Gumby suit, I was also running up to Race Point from my house almost daily. Also shout out to the Seward Mountain Race series and the Seward trail running club; those runs always help get you in shape before the Fourth!

Ron Niebrugge

Volunteers are the backbone of the Mount Marathon Race, and Ron Niebrugge is one of the voices.

Ron has been volunteering as the announcer for the women's race since 1994, making this year his 25th behind the microphone.

Starting with the first one across the finish, until the last, things in the grandstand can get hectic. With 350 racers crossing the finish line, Ron can find himself stumbling to keep up with racers but always works to announce each name, even the hard to pronounce ones!

On racing: I began running the race in 93 and ran the race for eight years. Right after my last race I came down with a bad case of pneumonia which had me hospitalized and missing a month of work. I was on the fence as to whether I would run number nine when Runner's World hired me to photograph the race for a story they were doing. That made the decision easy, and I haven't run since.

On announcing: My goal is to announce everyone's name, but I know I miss a lot ... I think in a recent year I missed Patti Foldager who I not only have known for nearly 30 years, but is a past champion. The fact I still remember that probably gives you an idea how important it is for me to get everyone's name.

On racers: Alaska has some amazing women athletes, and I have been able to see so many of them race over the years ... I saw the record being broken by Emelie Forsberg, gold mentalist Kikkan Randal win, and maybe a future gold mentalist Allison Ostrander also win.

Memorable mountain moments: One of the most memorable moments was seeing a determined race favorite Holly Brooks stumble in after more than 2 hours after a disastrous race back in 2009. That determined spirit would eventually bring her two victories.

On inspiration: The winner is done in less than an hour, although they get all the applause and accolades. Some of these ladies are out there working really hard for 2 hours or more, they deserve more recognition as their dedication is inspiring.

The Barnwells

Growing up in Seward, Mount Marathon was like a playground for the Barnwell sisters. The family lived in Seward for two years when they were younger, then moved back full time in 2005. Between the three of them, Allison, Mackenzie and Isabel Barnwell have more than 30 Mount Marathon Race finishes. Starting with the Allison and Mackenzie in the 2006 Junior Race, the three have found themselves crossing the finish line time and time again.

ALLISON BARNWELL

Allison Barnwell is currently attending law school in Montana, but plans on moving back to Alaska afterwards. The 2019 race will be Allison's 14th.

Why she races: One of the first hikes we did as a family when we moved back to Seward was Mount Marathon. I remember sitting at race point in the sunshine and feeling like we were on top of the world. That same summer we joined a few group runs with the high school cross country team, and everyone talked about the race. I was scared to sign up, though, until our family friends showed us the way to go and some techniques. Kenzie decided she would race, and I couldn't let her show me up!

Memorable mountain moments: In 2012, when I had a break out race year. My mom was volunteering at the halfway mark, and when I came out of the bushes I had no idea what position I was in. I saw my mom's look of shock and excitement, and I knew I had to be doing pretty well. Racing to a fourth place finish was huge a surprise for both of us!

On training: When I'm in Seward I like to go on day-long hike/runs, with stops for picnics and swimming, in the surrounding mountains. I raced my fastest time after weeks of heading up the mountain every other day. I also like to tack on some road running to help out my cardio, and strength training is essential!

KENZIE BARNWELL

Kenzie Barnwell is eyeing her 13th finish this year and hoping it will be a lucky one. When she's not training on the mountain and local trails, she's working on her boat charter business, Alpenglow Charters, or recreating and exploring across Southcentral Alaska.

Favorite part of race day: It's a really supportive, community building race. Everyone who is on the mountain has worked hard to be there, and it shows. For me, the race is a culmination of things I care about: mountains, community, and pushing myself physically and mentally.

On Seward: I love Seward's accessible mountains and ocean, not seeing a single soul on a quiet mountain-top trail, and the people who call Seward their home.

Memorable mountain moments: There's so many memories from Marathon: When Izzy's first women's race time blew my first race time out of the water, the year that Allison got second and the feeling of pride and excitement when I saw her blitz down the down-trail while I was still on my way up, running a race with Izzy by my side—looking around myself at the finish line and feeling overwhelmed with admiration at the strength of the women around me—the HUGE turnout of volunteers and spectators last year that dumped water on overheated runners' heads. And the incredible taste of a beer after finishing each year's race.

On training: I keep fit all year round by being active outside, and ramp up my running in the months leading up to the race. I try to throw in strength work, road running, and speed work in the months leading up to the race.

ISABEL BARNWELL

Isabel Barnwell will be racing up the mountain for the 10th time this year, with five junior races and four women's races under her belt. She's finishing up her final semester at Western Washington University and is excited to spend less time studying.

Why she races: I wanted to race mostly because of my sisters. I saw their enthusiasm every Fourth of July and leading up to it. I wanted to be a part of the excitement as well.

Favorite part of race day: The feeling I get during the second half. At this point I'm out of the hot, muddy trees and the wind cools me down. Usually, the only people around you in the second half are the ones you've been racing with the whole time. There's an intense feeling of encouragement and pride from all the strong women around you. It's the best.

On Seward: It's so welcoming and caring of the people that care for it. I also love the access to the outdoors. I love being able to trail run or climb a mountain and then come back to a fire on the beach.

Memorable mountain moments: The first time I ever went up, I think I cried the whole time out of fear. Looking back on that experience, it was actually very formative. It made me even more grateful for the love I have for running the race now.

THE STORY BEHIND THE PINK SHORTS

IF IT'S RACE DAY, FRED IS WEARING PINK SHORTS.

"I was running the Equinox Marathon in Fairbanks and my wife would follow along in the car. She would like to come to the road and look up and down the road, but it was tough for her to find me. In '85 she bought me pink shorts so she could spot me. After that, I just kept wearing them."

Fred Moore

KING OF THE MOUNTAIN

If all goes as planned, 2019 will mark Fred Moore's 50th consecutive running of the Mount Marathon Race, but the 79-year-old runner is pacing himself as he approaches the half-centennial feat.

"Don't congratulate me yet," Moore said. "There is pressure. In my age group, the last year or two has been more competitive than anything in the last three decades."

Since running his first Mount Marathon Race in 1970, Fred has placed as high as ninth and holds a collection of age group records. He's run a time equal to or less than his age numerous times, including the year he ran a 58:58 at 58 years old.

This year, his goal is to win another age group medal—to go along with the 48 he already has—and, of course, to keep his streak going.

Fred first decided to run the race on a particularly nice Seward morning in 1970. He was out of work for June and spent his days getting in shape for sheep and goat hunting by running the mountain.

"In those days, you didn't have to sign up way ahead of time," Fred said. "You could sign up the morning of. Race morning came around and it was a nice day. I was feeling good so I signed up and went."

The next year, he signed up again.

"I wasn't thinking that I was going to do it for the next 50 years," he said. "I don't remember what I was thinking at the time, but I signed up again and it's become a big part of my life now."

And he's become a big part of the

race. Fred has pioneered several of the trail choices along the race, including the switchbacks and a crossover from the chutes to the cliffs. All spring long, he can be found training on the mountain.

He's seen also seen a lot of changes off the mountain over his 50 years, as the epic race has grown in popularity.

During Fred's early races, he would pay just $1 for his race bib, which he got back if he returned the bib after the race. The bibs themselves were large and made of fabric, a far cry from the paper bibs that still feel too large for some runners.

"Everyone would wear these big bibs, but me and some of the other guys would wrap them around our waists so we could still run shirtless when it was hot," Fred said.

Moore will line up once again at the start for 92nd running the Mount Marathon Race. Over the years, he says, the race hasn't gotten any easier.

"The race itself isn't a whole lot of fun, but the people are," Moore said. "And I plan on running it as long as I can."

FRED BY THE NUMBERS

IN HIS 49 YEARS OF RACING, FRED MOORE HAS SPENT A LOT OF TIME ON THE MOUNTAIN.

50 hours and 24 minutes racing

156,800 vertical feet raced

Nearly 152 miles raced

49 age group awards

17 Top 20 finishes

27 sub-hour finishes

Over 1,000 training runs

MORE MOORES!

THIS YEAR, FOUR GENERATIONS OF FRED'S FAMILY WILL BE RUNNING THE RACE, A FIRST IN MOUNT MARATHON HISTORY.

Jessica Yeaton

2018 WOMEN'S CHAMPION

Don't call it beginner's luck. Jessica Yeaton took home first place in 2018 during her first Mount Marathon Race thanks to year-round training as a nordic skier at Anchorage Pacific University and a brief lapse in sanity as she maintained a breakneck speed down the mountain.

Jessica lived in Australia, Texas and Dubai before moving to Anchorage when she was a teenager. She's been an Alaskan ever since.

Her biggest challenge: My biggest obstacle leading into the race was probably my apprehension regarding the downhill. I had done a lot of uphill races in the past and was confident in my fitness, but tended to avoid going hard on downhills during training because I've always been afraid of getting injured. Leading into the race last year I went to Seward a couple times to practice the mountain, and I quickly realized that once you know where you're going, the downhill isn't so scary.

On training: I train with Anchorage Pacific University Nordic Ski Center year-round, and I definitely attribute my fitness and strength on the uphill to all the training we do. Luckily, cross-country ski training does involve quite a bit of footwork in the summer months, which translates well to mountain running.

On her first race: Because it was my first time racing, I was especially nervous about what to expect. I was pretty concerned about being slow on the downhill, or worse, going too fast and seriously hurting myself before the ski season. This win meant a lot to me because I was able to prove myself wrong about my weakness on the downhill. I really wasn't sure if I would be able to pull off what I did. It helped me believe in myself, which is super valuable as an athlete!

On future races: I do plan on racing again this year (and every year!), but I've been struggling with a hamstring injury over the past six months. So if that is still bugging me then I might have to sit out. I had such an amazing experience racing last year, so I am hoping things come together and I can get in the training I want before the race this year. Assuming that is the case, I plan to do more flat speed work (for the road section), and to continue working on my downhill skills.

On Seward: Seward is one of my favorite places in Alaska; even more so on the Fourth! Even when I wasn't racing Mount Marathon, Seward was my favorite Fourth of July destination. I absolutely love the atmosphere and having so many friends in town, both cheering for me in the race and to hang out and BBQ with afterwards. There is a special place in my heart for the ocean, so I would have to say my favorite thing is jumping in Resurrection Bay for a swim after getting all sweaty running up and down the mountain. Rain or shine, it's a very important Fourth of July tradition, and the best kind of shower!

On Mount Marathon: It serves as a great excuse to visit Seward in the months leading up to it to practice the mountain. I love that gearing up for the race means biking Lost Lake and Johnson pass, fly-fishing, camping, whale watching, swimming in the ocean, and enjoying one of my favorite places in Alaska.

David Norris

2018 MEN'S CHAMPION

David Norris took home his second Mount Marathon win in 2018 with a time of 42:13 seconds, the third-fastest time in race history. He set the course record in 2016—with a blistering time of 41:26—beating the previous record set by elite mountain runner Kilian Jornet of Spain. In doing so, David reclaimed the title of 'Fastest Mount Marathon Race' for Alaskans and was widely celebrated across the Great Land.

David grew up in Fairbanks and has called Anchorage home since 2014. He is an accomplished nordic skier and is currently studying to receive his Masters in Business from Alaska Pacific University. David has won the American Birkebeiner—the largest cross-country ski race in North America—placed 20th at the 2019 FIS World Ski Championships in the 50 km race, and placed 16th in the World Cup in Sweden.

His biggest challenge: In 2016 I had no obstacles as I prepared for Mt. Marathon. In 2017 I planned to race, but I dealt with quite a few running injuries in the spring and early summer so I had to be a spectator. Last summer was fairly similar to 2017, but I really worked on my injuries and I was able to manage most of my nagging issues. I am feeling pretty healthy now so I am hoping to keep things moving in this direction.

On training: I am very fortunate that the training for nordic skiing is so fun. I love to train in the mountains and my training plan for nordic gives me at least four evenings a week to run in the mountains. I don't alter my ski training to focus on mountain races with the exception of entering races. I think the ski training really benefits my running and I think the Alaskan mountain running scene helps my ski training.

Advice for other racers: My advice would be to build the biggest engine you can for the uphill, and not to set a downhill course record the day before the race. For first time racers, I would suggest trying to do at least a couple hikes and runs in the mountains each week during the summer to prepare your legs for both the uphill and the downhill. Going to Seward at least once and doing the mountain with someone who knows a few crucial route suggestions will raise your confidence.

On his course record: I put pressure on myself going into any race, but Mount Marathon is more of an excitement and rush. I want to do the best I can when I race, but one thing I love about the Alaska mountain running community is how stoked racers get for each other. Everyone will have good days and bad days. Just taking part in the race is an experience, so the result or race time is just one piece of the entire weekend.

On future races: Last summer due to some nagging injuries I didn't do very much vertical leading into July. This spring I am building up my running and trying to ensure that I can spend a lot of time running in the mountains. Last summer I was so painfully sore from the downhill and I don't want to hobble around again on July 5 this year.

On Mount Marathon: My favorite part of the race is the community of racers and the awesome fans. It's fun to be a part of an event that so many people are training towards and cheer for. The finish line pen is also one of the best parts of the race; sharing high fives and catching your breath with a bunch of other runners who just accomplished a sweet run.

Celebrating 30 Years of the Mini Mount Marathon Race

It takes approximately 350 volunteers to make the Mount Marathon Race and celebration happen each year. Two of those volunteers, Skip and Kim Reierson, have been hard at work for more than 30 years.

Back in 1989, the Reiserons wanted a way to involve their 2-year-old daughter in Seward's Fourth of July festivities. At the time, there were no events available for younger children. Junior racers must be at least 7 years old to ascend the mountain.

"We thought about how cool it would be to start a kid's race and have them start right at the big people starting line," said Skip, who started the annual children's races with his wife, Kim. "So we created an event that ties into the main event and plants the seed for their future."

The Mini Mount Marathon Race—open to children ages 2 to 6—was launched. Over the past 30 years, thousands of children have participated, and many have gone on to race in the junior and senior divisions. Today, the mini race is a beloved Fourth of July tradition and one of the most anticipated events of the day.

"It's so cute watching those kids run," Kim said.

Skip and Kim send nearly 200 kids across the start line each year, a feat that is possible thanks to a dedicated group of partners.

Petro Marine has been a sponsor for the Mini Mount Marathon Race since the beginning, each year supporting the race and providing small toys for the racers. A core group of long-time volunteers makes sure the mini race goes off without a hitch.

"It's a pretty well oiled machine," Skip said. "It's what we call organized chaos."

The race has evolved over the years and presented some challenges. Kim and Skip have been there through it all—with the exception of one race.

"We went back to Chicago for the Fourth, about five years into the mini race," Skip said. "We thought we had explained everything to the people who were going to run it, they had been doing it with us for years before so we thought it was good to go. We came back and people were bending our ear... We missed that one, if we ever missed another, we'd get fired."

Skip and Kim have been in Seward every Fourth of July since. The pair plan on continuing the Mini Mount Marathon Race beyond their 30-year anniversary with the support of Petro Marine and their core group of volunteers.

"We love the kids and the tradition of doing it," Kim said. "Just like running the races, volunteering gets in your blood. Once you do it, you can't give it up."

Tiny Runners, Huge Hearts

Rae Johnson is just like any Mount Marathon racer.

"My favorite part is running and winning," she said.

Except Rae is 4 years old.

Training for the junior and senior races on Mount Marathon depends on the mountain conditions, but racers in the Mini Mount Marathon event can train for the short course along Fourth Avenue all year long.

The adorable race isn't all fun and games, though, and can spur some toddler-sized competition.

"When she says 'winning,' I think she means having fun and running with people," said Rae's father, Erik Johnson.

"The first year she ran holding my hand. Last year, she ran holding her mom's. This year, she's going to run on her own."

Rae's playground partner, Orla Ulman, 3, will be racing for the second time this year. Last year's Mini Mount Marathon was her first race. She ran the whole course on her own thanks to family supporting her at the start and the finish of the course.

"The mini race is just a short race. I liked when I ran up and down the hill and the people cheered," Orla said. "I did it last year and I'm going to do it again this year."

Both Orla and Rae come from a family of runners, which they say helps them stay motivated. "My mom and my dad run, and so I do too," Orla said.

Rae's dad Erik finished second in 2017, while Rae's mother, Mariah, will be racing for the third time this year.

Orla's mother Sadie will toe the starting line for the sixth time this year, while her father Sean will take the 3,022-foot test for the fifth time.

"The mini race is a great opportunity that lets you look back and see where you got started," Erik said. "Rae runs with her mom now, about a mile here and there. She tells us she wants to run the full race."

Expect to see Orla in future Mini Mount Marathon races as well. "She loves the mini race," Sean said. "She says it is the only race she ever wants to run."

BOYS' ROSTER

BIB#	NAME	AGE	HOMETOWN	STATE
201	Michael Connelly	17	Chugiak	AK
202	Ali Papillon	14	Boulder	CO
203	Gavin Block	17	Palmer	AK
204	Everett Cason	17	Anchorage	AK
205	Michael Earnhart	16	Eagle River	AK
206	Jacob Lestina	16	Eagle River	AK
207	Sebastian Szweda Mittelstadt	17	Indian	AK
208	Kurtis Brumbaugh	17	Anchorage	AK
209	Bjorn Nilsson	17	Seward	AK
210	Max Beiergrohslein	17	Eagle River	AK
211	Neil Lindquist	16	Moose Pass	AK
212	Aaron Maves	15	Anchorage	AK
213	Coby Marvin	12	Palmer	AK
214	Hyrum Nelson	16	Eagle River	AK
215	Max Pfeiffenberger	16	Seward	AK
216	Dylan Kearns	17	Anchorage	AK
217	Camden Benter	17	Anchorage	AK
218	Conner Lowe	16	Anchorage	AK
219	Nicholas Chard	17	Anchorage	AK
220	Samuel Koster	16	Seward	AK
221	Michael Moriarty	17	Seward	AK
222	Alexander Carl	16	Eagle River	AK
223	Blaise Rinner	13	Anchorage	AK
224	Cole Valantas	17	Anchorage	AK
225	Luke Momblow	17	Eagle River	AK
226	Rennick Heatwole	14	Anchorage	AK
227	Corbin Smith	16	Anchorage	AK
228	Jaxson Lee	16	Palmer	AK
229	Zac Buckbee	13	Soldotna	AK
230	Trey Ingalls	16	Seward	AK
231	Eli Robinson	15	Anchorage	AK
232	Casey Bryden	13	Moose Pass	AK
233	Braun Precosky	11	Anchorage	AK
234	Bret Brumbaugh	15	Anchorage	AK
235	Kael Westbrook	11	Eagle River	AK
236	Blake Hanley	13	Anchorage	AK
237	Johnny Stull	12	Yokota Air Base	JP
238	Beck Haywood	17	Anchorage	AK
239	Andrew Arthur	13	Soldotna	AK
240	London Lee	13	Palmer	AK
241	Mason Elhard	11	Seward	AK
242	Olin Liljemark	11	Seward	AK
243	Tylere Vinciguerra	14	Palmer	AK
244	Sebastian Kogl	13	Valparaiso	IN
245	Tucker Lien	16	Eagle River	AK
246	Jonah Gage	16	Wasilla	AK
247	Nathan Hankins	13	Seward	AK
248	Connor Degnan	17	Seward	AK
249	Colton Merriner	12	Anchorage	AK
250	Prestin Wahlberg	9	Anchorage	AK
251	James Auld	14	Wasilla	AK
252	Ryan Hansen	12	Anchorage	AK
253	Cole Posthumus	15	Eagle River	AK
254	Henry Zidek	12	Anchorage	AK
255	Samuel Anders	11	Kenai	AK
256	Keenan Berrigan	12	Palmer	AK
257	Jebediah Marvin	10	Palmer	AK
258	Leon Daugherty	16	Eagle River	AK
259	Rylan Kirby	10	Eagle River	AK
260	Beck Bethard	12	Anchorage	AK
261	Aidan Houser	13	Palmer	AK
262	Daniel Ferucci	14	Anchorage	AK
263	Paul Cvancara	14	Anchorage	AK
264	Alex Cadieux	17	Wasilla	AK
265	Ransom Hinshaw	11	Anchorage	AK
266	Race Rome	16	Anchorage	AK
267	Aven Elsberg	14	Anchorage	AK
268	Charlie Bland	11	Salt lake City	UT
269	Finnigan Donley	14	Anchorage	AK
270	Rowan Robinson	13	Anchorage	AK
271	Joseph Walling	17	Palmer	AK
272	Ethan Eski	14	Anchorage	AK
273	Bryce Bethard	14	Anchorage	AK
274	Britton Bethard	11	Anchorage	AK
275	Legend Kopsack	10	Palmer	AK
276	Lance Chilton	17	Soldotna	AK
277	Samuel McLain	12	Seward	AK
278	Henry Michener	14	Eagle River	AK
279	Rider Allen	13	Seward	AK
280	Bengimin Ambrosiani	13	Seward	AK
281	Owen Farr	14	Chugiak	AK
282	Nickolas Ambrosiani	13	Seward	AK
283	Zachary Crawford	14	Anchorage	AK
284	Gregory Fallon	13	Kenai	AK
285	Robbie Annett	12	Anchorage	AK
286	Anthony Calvert	14	Palmer	AK
287	Jacob Strausbaugh	12	Soldotna	AK
288	Gus Olson	12	Anchorage	AK
289	Kai Finch	9	Anchorage	AK
290	Kaeden Anderson	12	Healdsburg	CA
291	Jacob Ross	15	Wasilla	AK
292	Matthew Ross	12	Wasilla	AK
293	Quinn Humbert	9	Seward	AK
294	Talon Lemme	12	Seward	AK
295	Jasper Bowers	16	Anchorage	AK
296	Creed Cvancara	11	Anchorage	AK
297	Van Shank	12	Seward	AK
298	Brayden Licht	12	Palmer	AK
299	Mitchell Guyer	17	Anchorage	AK
300	Luke Elhard	9	Seward	AK
301	Hunter Forshee-Kurtz	12	Seward	AK
302	Nycoh Johnston	10	Eagle River	AK
303	Caiden Weaver	14	Anchorage	AK
304	Kaiden Browne	9	Anchorage	AK
305	Liam Duffy	9	Anchorage	AK
306	Gabe Black	11	Palmer	AK
307	Sebastian Reed	17	Anchorage	AK
308	Michael Chism	15	Tucson	AZ
309	Memphis Stanley	9	Seward	AK
310	Jack Fineman	13	Anchorage	AK
311	Merik Rinner	8	Anchorage	AK
312	Rhett Jones	11	Eagle River	AK
313	Bradley Walters	17	Soldotna	AK
314	Blaze Rubeo	9	Wasilla	AK
315	Storm Rubeo	8	Wasilla	AK
316	Aiden Danger Moore	10	Anchorage	AK
317	Simon Nelson	12	Anchorage	AK
318	Russell Adams	8	Anchorage	AK
319	Quinn Smith	15	Anchorage	AK
320	Tucker Mechtenberg	14	Seward	AK
321	Sidney Mechtenberg	10	Seward	AK
322	Bruce Anderson	10	Eagle River	AK
323	Charles Anderson	8	Eagle River	AK
324	Elias Barnard	9	Anchorage	AK
325	Lane Petersen	11	Seward	AK
326	Derrian Crenshaw/Carpenter	8	Seward	AK
327	Ridge Conant	10	Seward	AK
328	Peter Hinds	17	Anchorage	AK
329	Billy Stull 14	Yokota Air Base		JP
330	Kaleb Beloy	17	Anchorage	AK
331	Luke Anderson	14	Anchorage	AK
332	William Anderson	16	Anchorage	AK
333	Easton Roads	10	Wasilla	AK
334	Conrad Daugherty	9	Eagle River	AK
335	Glenn Steer	16	Palmer	AK
336	Clayton Steer	14	Palmer	AK
337	Noah Bird	12	Seward	AK
338	Nathan Carlin	15	Henderson	NV
339	Jackson Bird	14	Seward	AK
340	Ronan Bickling	12	Seward	AK
341	Remington Cobble	14	Seward	AK
342	Jamis Hartman	10	Seward	AK
343	Rowan Lynch	10	Moose Pass	AK
344	Torin Lynch	10	Moose Pass	AK

345	Micah Brueckner	11	Seward	AK
346	Judah Brueckner	13	Seward	AK
347	Carter Ivy	8	Seward	AK
348	Hunter Fry	13	Seward	AK
349	Emerson Cross	11	Seward	AK
350	Charles Moore	8	Kasilof	AK
351	Noble Gurney	15	Palmer	AK
352	Rowan Morse	15	Anchorage	AK
353	Koltin Barlow	10	Seward	AK
354	Kyler Barlow	9	Seward	AK

GIRLS' ROSTER

BIB#	NAME	AGE	HOMETOWN	STATE
1	Kendall Kramer	17	Fairbanks	AK
2	Katey Houser	15	Palmer	AK
3	Adrianna Proffitt	17	Chugiak	AK
4	Teagan Smith	14	Anchorage	AK
5	Quincy Donley	16	Anchorage	AK
6	Sadie Benter	14	Anchorage	AK
7	Nowelle Spencer	16	Anchorage	AK
8	Sophie Wright	16	Palmer	AK
9	Ivy Eski	17	Anchorage	AK
10	Zoe Chang	15	Anchorage	AK
11	Liz Novakovich	16	Anchorage	AK
12	Mia Nappi	13	Seward	AK
13	Ella Silverman	16	Anchorage	AK
14	Colette Zidek	14	Anchorage	AK
15	Hailey Ingalls	13	Seward	AK
16	Kaitlyn Kogl	15	Valparaiso	IN
17	Abigail Robinson	15	Anchorage	AK
18	Sofija Spaic	17	Palmer	AK
19	Brianna Gill Anderson	12	Anchorage	AK
20	Miracle Fontana	16	Draper	UT
21	Naomi Ifflander	17	Seward	AK
22	Lucy Hankins	15	Seward	AK
23	Zoee Beiergrohslein	15	Eagle River	AK
24	Ainsley Rinner	15	Anchorage	AK
25	Olive Heatwole	16	Anchorage	AK
26	Tali Novakovich	13	Anchorage	AK
27	Brianna Hansen	17	Anchorage	AK
28	Samantha Legate	14	Anchorage	AK
29	Keegan Lorring	15	Soldotna	AK
30	Annika Nilsson	15	Seward	AK
31	Brooke Wagner	12	Eagle River	AK
32	Kylar Westbrook	13	Eagle River	AK
33	Hannah Gross	17	Anchorage	AK
34	Josephine Crawford	16	Anchorage	AK
35	Emily Anger	11	Seward	AK
36	Katie Stull	16	Yokota Air Base	JP
37	Maria bunch	12	Seward	AK
38	Emerson Lorring	13	Soldotna	AK
39	Aila Berrigan	16	Palmer	AK
40	Erika Arthur	16	Soldotna	AK
41	Brittyn Werner	16	Palmer	AK
42	Araya Fejes	16	Seward	AK
43	Sorcha Bowers	14	Anchorage	AK
44	Shelby Sieminski	15	Seward	AK
45	Patricia Casey	14	Eagle River	AK
46	Tiernan Mcgrath	17	Seward	AK
47	Gaia Casagranda	14	Seward	AK
48	Breanna Day	17	Eagle River	AK
49	Haley Finch	12	Anchorage	AK
50	Julianna Auld	17	Wasilla	AK
51	Margaret Adams	10	Anchorage	AK
52	Annie Burns	12	Soldotna	AK
53	Renee Elhard	14	Seward	AK
54	Azalea Daugherty	12	Eagle River	AK
55	Lake Bethard	13	Anchorage	AK
56	Maria Cvancara	16	Anchorage	AK
57	Sophia Cvancara	16	Anchorage	AK
58	Eden Rinner	10	Anchorage	AK
59	Tagan Rinner	11	Anchorage	AK
60	Anevay Marie Ambrosiani	16	Seward	AK
61	Abigail Tidlow-Tranel	12	Red Lodge	MT
62	Olivia Tidlow-Tranel	11	Red Lodge	MT
63	Alexis Black	16	Anchorage	AK
64	Isabella Dammeyer	16	Soldotna	AK
65	Stella Dow	13	Seward	AK
66	Leah Bland	14	Anchorage	AK
67	McKenna Meyers	13	Seward	AK
68	Julia Johnson	17	Anchorage	AK
69	Grace Blohm	17	Wasilla	AK
70	Hannah Farr	15	Chugiak	AK
71	Brooklyn Bailey	12	Anchorage	AK
72	Addison Bailey	11	Anchorage	AK
73	Natalie Sieminski	12	Seward	AK
74	Leah Fallon	15	Kenai	AK
75	Brianna Bailey	11	Anchorage	AK
76	Teresa Fallon	10	Kenai	AK
77	Jordan Strausbaugh	15	Soldotna	AK
78	Claire Anger	9	Seward	AK
79	Morgan Coniglio	17	JBER	AK
80	Kalima Glascott	13	Anchorage	AK
81	Keira Dixon	12	Seward	AK
82	Claire Nelson	16	Eagle River	AK
83	Gabby Kern	12	Anchorage	AK
84	Madeleine Reckmeyer	13	Anchorage	AK
85	Addison Lemme	12	Seward	AK
86	Rose Conway	11	Anchorage	AK
87	Wren Dougherty	15	Seward	AK
88	Hana Cooney	16	Moose Pass	AK
89	Fern LeClair	13	Anchorage	AK
90	Alexi Walker	13	Seward	AK
91	Harper Willman	10	Anchorage	AK
92	Eva Johnson	9	Edmonds	WA
93	Piper Belmear	15	Eagle River	AK
94	Skyler Belmear	13	Eagle River	AK
95	Maire Hartman	13	Anchorage	AK
96	Alivia Bailey	9	Anchorage	AK
97	Brighton Bailey	9	Anchorage	AK
98	Jade Simek	17	Anchorage	AK
99	Ava Cook	15	Eagle River	AK
100	Olive Jordan	9	Seward	AK
101	Amelia Stanley	8	Seward	AK
102	Hannah Nelson	15	Anchorage	AK
103	Megan Nelson	14	Anchorage	AK
104	Payton Smith	15	Anchorage	AK
105	Winter Wallace	8	Anchorage	AK
106	Anna Burrup	10	Eagle River	AK
107	Ada Burrup	11	Eagle River	AK
108	Lindsey Gerlach	17	Chugiak	AK
109	Sadie Johnson	13	Anchorage	AK
110	Ryah Thrall	8	Seward	AK
111	Jillian Gavalya	14	Chugiak	AK
112	Rachel Danz	12	Palmer	AK
113	Abbi Boucher	17	Wasilla	AK
114	Juniper Ingalls	10	Seward	AK
115	Sophie Novakovich	9	Anchorage	AK
116	Olivia Jones	11	Seward	AK
117	Audrey Bird	10	Seward	AK
118	Alta Liljemark	9	Seward	AK
119	Marley Dixon	8	Seward	AK
120	Sophia Dedmore	15	Eagle River	AK
121	Ava Murphy	12	Bird creek	AK
122	Maja Lapkass	16	Anchorage	AK
123	Eliza Anders	9	Kenai	AK
124	Rebekah Annett	14	Anchorage	AK
125	Aubrey Virgin	10	Palmer	AK
126	Olivia Soderstrom	11	Fairbanks	AK
127	Ruby Wright	16	Palmer	AK
128	Genevieve Trevithick	13	Anchorage	AK
129	Hartley Miller	15	Homer	AK
130	Emma Montagna	15	Anchorage	AK
131	Sadie Tuckwood	16	Juneau	AK
132	Hana Haddeland	14	Big Lake	AK
133	Mary Goodwin	17	Eagle River	AK

134	Michaella Schaffer	16	Anchorage	AK
135	Laura Ripp	17	Eagle River	AK
136	Arabella Grace Moore	7	Anchorage	AK
137	Lauren Dorris	14	Anchorage	AK
138	Ryann Dorris	16	Anchorage	AK
139	Zara Chang	11	Anchorage	AK
140	Cyan Gardner	7	Seward	AK
141	Ruby Willman	8	Anchorage	AK
142	Hannah Cryder	16	Chugiak	AK
143	Ellie Stull	10	Yokota Air Base	JP
144	Elise Metzger	14	Anchorage	AK
145	Maranatha Brueckner	15	Seward	AK
146	Selah Brueckner	10	Seward	AK
147	Jordan Hartman	12	Seward	AK
148	Isabel Jones	9	Seward	AK
149	Kate Norvell	11	Seward	AK
150	Keira Schrock	14	Seward	AK
151	Dylenn Donovan	9	Eagle River	AK

MEN'S ROSTER

BIB#	NAME	AGE	HOMETOWN	STATE
1	David Norris	28	Anchorage	AK
2	Max King	39	Bend	OR
3	Adam Jensen	38	Anchorage	AK
4	Matt Shryock	32	Anchorage	AK
5	Benjamin Marvin	38	Palmer	AK
6	Luke Jager	19	Anchorage	AK
7	Lars Arneson	29	Anchorage	AK
8	Erik Johnson	42	Seward	AK
9	Kenneth Brewer	26	Anchorage	AK
11	Lyon Kopsack	23	Palmer	AK
12	Allan Spangler	32	Anchorage	AK
13	Ryan Phebus	29	Girdwood	AK
14	Derek Steele	21	Anchorage	AK
15	Matthew Novakovich	45	Anchorage	AK
16	Jacob Kirk	26	Anchorage	AK
17	Peter Mamrol	25	Anchorage	AK
18	Conor Deal	26	Boise	ID
19	John Novak	26	Anchorage	AK
20	Ryan Cox	29	Anchorage	AK
21	Ben Ward	44	Anchorage	AK
22	Christopher Kirk	22	Eagle River	AK
23	A William Stoll	39	Anchorage	AK
24	Craig Taylor	41	Eagle River	AK
25	Miles Knotek	24	Moose Pass	AK
26	Jason Lamoreaux	40	Anchorage	AK
27	Barney Griffith	61	Anchorage	AK
28	Flip Foldager	62	Seward	AK
29	Casey Volk	27	Eagle River	AK
30	Daniel Kane	34	Anchorage	AK
31	John Wros	30	Girdwood	AK
32	Charles DiMarzio	39	Seward	AK
33	Ryan Beckett	34	Anchorage	AK
34	William Mans	21	Anchorage	AK
35	Brandon Rinner	44	Anchorage	AK
36	Nick Snow	21	Anchorage	AK
37	Evan Hone	41	Ventura	CA
38	Erik Mundahl	32	Anchorage	AK
39	Corey Kline	41	Boulder	CO
40	Jerome Ross	43	Anchorage	AK
41	Karl Romig	61	Lawing	AK
42	Robert Whitney	40	Anchorage	AK
43	Luke Duffy	41	Anchorage	AK
44	Darin Markwardt	38	Palmer	AK
45	Jeffrey Levin	28	Anchorage	AK
46	Brad Benter	52	Anchorage	AK
47	Derek Nottingham	43	Eagle River	AK
48	Alex Youngmun	30	Anchorage	AK
49	Trevor Kreznar	30	Seward	AK
50	Fred Moore	79	Seward	AK
51	Tadhg Nakada	25	Provo	UT
52	Brian Boyle	29	Chugiak	AK
53	Collin Atkinson	27	Seward	AK
54	Mark Brady	36	Anchorage	AK
55	Jack Delaney	26	Dubuque	IA
56	Garth Schulz	24	Anchorage	AK
57	Sean Ulman	38	Seward	AK
58	Brandon King	24	Anchorage	AK
59	Westley Dahlgren	37	Anchorage	AK
60	David Apperson	31	Anchorage	AK
61	Shawn Erchinger	51	Colorado springs	CO
62	Kurt Labonte	55	Eagle River	AK
63	Levi Younger	31	Boulder	CO
64	Mike Heatwole	52	Anchorage	AK
65	Paul Ferucci	50	Anchorage	AK
66	Patrick Conway	42	Anchorage	AK
67	Jacob Streich	35	Kenai	AK
68	Troy Larson	50	Anchorage	AK
69	Matti Silta	24	Soldotna	AK
70	Todd Bethard	45	Anchorage	AK
71	Joshua Allely	40	Anchorage	AK
72	Lance Kopsack	54	Palmer	AK
73	Brenton Knight	35	Westminster	CO
74	Isaac Bertschi	47	Anchorage	AK
75	Luke Martensen	19	Anchorage	AK
76	Keith Zemke	36	Anchorage	AK
77	Andrew Dougherty	28	Anchorage	AK
78	Steve Gilles	61	Indian	AK
79	Marten Martensen	50	Anchorage	AK
80	Nicholas Swann	33	Seward	AK
81	Tor Christopherson	37	Anchorage	AK
82	Patrick Lewis	31	Seward	AK
83	Jim McDonough	48	Anchorage	AK
84	Joe Hunner	31	Eagle River	AK
85	Lane Reed	23	Wasilla	AK
86	Joey Klecka	30	Kenai	AK
87	Alex Loan	24	Anchorage	AK
88	Greg Michaelson	26	Anchorage	AK
89	Noah Zogas	37	Anchorage	AK
90	Roan Hall	21	Eagle River	AK
91	Dorian Gross	41	Boulder	CO
92	Keegan Crow	22	Seward	AK
93	Bret Connor	42	Anchorage	AK
94	Brett Vadla	26	Anchorage	AK
95	Jason Moore	39	Anchorage	AK
96	Michael Quimby	37	Eagle River	AK
97	Brian Haviland	37	Anchorage	AK
98	Mike Wahlig	35	Anchorage	AK
99	Joseph Nyholm	27	Seward	AK
100	Aaron Dickson	34	Palmer	AK
101	Eugen Beutler	54	Seward	AK
102	David Peterson	31	Anchorage	AK
103	Matthew Waliszek	42	Anchorage	AK
104	Lucas Hepler	23	Anchorage	AK
105	Andrew Duenow	54	Anchorage	AK
106	John Clark	54	Palmer	AK
107	Thomas Nenahlo	33	Anchorage	AK
108	Kegan Storjohann	26	Anthem	AZ
109	Patrick Stinson	39	Anchorage	AK
110	Connor Curley	31	Hesperus	CO
111	Brad Precosky	52	Anchorage	AK
112	Bill Spencer	63	Anchorage	AK
113	Eric Strabel	37	Anchorage	AK
114	Jim Renkert	59	Anchorage	AK
115	Samuel Young	64	Seward	AK
116	Scott Patterson	27	Anchorage	AK
117	Cameron Reitmeier	41	Anchorage	AK
118	Solomon D' Amico	35	Seward	AK
119	Brian Stoecker	55	Anchorage	AK
120	Mike Kramer	51	Fairbanks	AK
121	Rocky Elhard	40	Seward	AK
122	Bodhi Gross	18	Boulder	CO
123	Roman Gross	18	Talkeetna	AK
124	George Cvancara	18	Anchorage	AK
125	Kelemen Legate	18	Anchorage	AK
126	Nicholas Carl	18	Eagle River	AK
127	Kai Meyers	18	Anchorage	AK

128	Will Ross	30	Anchorage	AK
129	Edward Hartman	47	Seward	AK
130	Alex Alonso	46	Eagle River	AK
131	James Mitchell	29	Seward	AK
132	David Aquino	71	Anchorage	AK
133	Braun Kopsack	62	Palmer	AK
134	David Rebischke	69	Anchorage	AK
135	Brian Pautzke	38	Girdwood	AK
136	David Glennon	37	Boulder	CO
137	Adam Loomis	27	Anchorage	AK
138	Jessie McAuley	19	Squamish	BC
139	Steven Tennison	31	Fairbanks	AK
140	Whit Rambach	52	Carmel	CA
141	Todd Brownson	39	Anchorage	AK
142	James Conley	56	Chugiak	AK
143	Dane Crowley	46	Palmer	AK
144	Bruce Davison	71	Anchorage	AK
145	Scott Henry	44	Anchorage	AK
146	Norm Johnson	74	Anchorage	AK
147	Roger Kemppel	77	Anchorage	AK
148	Isaac Lammers	25	Broomfield	CO
149	Pyper Dixon	28	Seward	AK
150	Forrest Mahlen	26	Anchorage	AK
151	Brian McMahon	74	Anchorage	AK
152	Karl Mechtenberg	39	Seward	AK
153	Daniel Naylor	30	Seattle	WA
154	Ted Paprocki	41	Anchorage	AK
155	Timo Rieder	18	Bern	CH
156	Harlow Robinson	52	Anchorage	AK
157	Luke Rosier	32	Seward	AK
158	William Serra	36	Anchorage	AK
159	Justin Smole	32	Anchorage	AK
160	Jacob Thompson	32	Anchorage	AK
161	Daniel Virgin	62	Palmer	AK
162	AJ Schirack	30	Anchorage	AK
163	Eric Vilce	29	Anchorage	AK
164	Michael Rubeo	34	Wasilla	AK
165	Chase Coffey	26	Portland	OR
166	Brian Beckstead	37	Millville	UT
167	Hayden Hawks	28	Cedar City	UT
168	Auction/Raffle			
169	Auction/Raffle			
170	Auction/Raffle			
171	Auction/Raffle			
172	Auction/Raffle			
173	Auction/Raffle			
174	Auction/Raffle			
175	Auction/Raffle			
401	Paul Gionet	63	Anchorage	AK
402	Everett Billingslea	58	Seattle	WA
403	David Buhite	44	Anchorage	AK
404	Kevin Chartier	50	Anchorage	AK
405	Mark Fineman	49	Anchorage	AK
406	David Jensen	55	Chugiak	AK
407	John Heimerl	38	Anchorage	AK
408	Mark Jacobsen	59	Anchorage	AK
409	Rick Luebke	60	Kenai	AK
410	David W Lorring	66	Fairbanks	AK
411	David M Lorring	35	Soldotna	AK
412	Darin Marin	58	Anchorage	AK
413	Peter McEnaney	54	Eagle River	AK
414	Steve Nimmo	62	The Dalles	OR
415	Steve Parrish	49	Anchorage	AK
416	Evan Steinhauser	56	Eagle River	AK
417	Chad Resari	83	Anchorage	AK
418	Michael Craytor	36	Seward	AK
419	Kneeland Taylor	71	Anchorage	AK
420	Clarence Pautzke	73	Anchorage	AK
421	Daniel Willman	46	Anchorage	AK
422	Travis Beals	27	Seward	AK
423	Mark Chase	29	Anchorage	AK
424	Connor Sperry	27	Mesa	AZ
425	Nicholas Whitmore	30	Anchorage	AK
426	Adam Berg	32	Chicago	IL
427	DuWayne Ruzicka	57	Anchorage	AK
428	Alec Kay	53	Anchorage	AK
429	Josiah Martin	24	Kenai	AK
430	Ernest Stolen	70	Anchorage	AK
431	Kyle Kelley	45	Girdwood	AK
432	Tannen Berry	23	Homer	AK
433	Rich Wooten	36	Anchorage	AK
434	James Murray	58	Wasilla	AK
435	Kris Burnett	53	Anchorage	AK
436	John Kogl	48	Valparaiso	IN
437	John Cosgrave	20	Anchorage	AK
438	Shayne Wescott	27	Eagle River	AK
439	Bryan Hardy	43	Eagle River	AK
440	Daniel Casey	19	Eagle River	AK
441	Logan Rachow	20	Eagle River	AK
442	Eric Carl	50	Eagle River	AK
443	Davis Dunlap	27	Palmer	AK
444	Shane Topf	26	Eagle River	AK
445	Michael Tranel	60	Red Lodge	MT
446	Bennett Lee	50	Anchorage	AK
447	Ron Nelson	46	Seattle	WA
448	Joel Wagner	49	Eagle River	AK
449	Matthew Moore	23	Seward	AK
450	Walter Moore	33	Kasilof	AK
451	Wayne Humbert	39	Seward	AK
452	Brooks Berry	19	Moose Pass	AK
453	Joshua Thomas	38	Seward	AK
454	Gage Jarvis	19	Anchorage	AK
455	Dallas Seavey	32	Talkeetna	AK
456	Michea Westbrook	39	Eagle River	AK
457	Riley Martin	21	Anchorage	AK
458	Jacob Parker	35	Fairbanks	AK
459	Kevin Lauver	57	Soldotna	AK
460	Jared Kern	43	Anchorage	AK
461	Paul Ostrander	51	Soldotna	AK
462	Todd Stull	42	Yokota Air Base	JP
463	Dylan Miller	19	Anchorage	AK
464	Chris Reynolds	49	Anchorage	AK
465	Conway Seavey	22	San Francisco	CA
466	Jeff Keller	53	Anchorage	AK
467	Jeremy Weber	31	Wasilla	AK
468	Mark Tuovinen	56	Anchorage	AK
469	Rick Hansen	46	Anchorage	AK
470	Kirk Louthan	30	Anchorage	AK
471	Dax Cvancara	21	Anchorage	AK
472	David Retherford	45	Wasilla	AK
473	Shawn Naber	37	Anchorage	AK
474	Zach Momberger	25	Chugiak	AK
475	Shilan Wooten	28	Anchorage	AK
476	Lee Helzer	35	Anchorage	AK
477	Eric Troxell	46	Anchorage	AK
478	Ben Schultz	30	Anchorage	AK
479	Gunner Hodgson	30	Palmer	AK
480	Jason Buckbee	39	Soldotna	AK
481	Daniel Crumpacker	40	Anchorage	AK
482	Matthew Anderson	31	Anchorage	AK
483	Ryan Comer	39	Eagle River	AK
484	Scott Gage	48	Wasilla	AK
485	Michael Lucas	19	Anchorage	AK
486	Matt Hemry	50	Anchorage	AK
487	Keith Sanfacon	44	Anchorage	AK
488	Bryan Templeman	49	Anchorage	AK
489	Jason McLennan	38	Anchorage	AK
490	Lee Barloon	43	Anchorage	AK
491	Gunner Bahn	32	Anchorage	AK
492	John Pahkala	30	Anchorage	AK
493	Quinn Carroll	21	Anchorage	AK
494	David Owens	49	Eagle River	AK
495	Greg Roads	41	Wasilla	AK
496	Michael Johnson	20	Anchorage	AK
497	Douglas Ketterer	48	Anchorage	AK
498	Joshua Zuber	43	Anchorage	AK
499	Matt Crow	48	Anchorage	AK
500	Brendan Ryan	37	Seward	AK
501	Jeremy Weaver	43	Anchorage	AK
502	Stephen Mayer	48	Anchorage	AK

503	Levi Gionet	19	Anchorage	AK
504	Robert Haan	20	Palmer	AK
505	Joe Divelbiss	19	Anchorage	AK
506	Steve Baer	43	Portland	OR
507	Kerry Klauder	33	Anchorage	AK
508	Ian Beals	18	Anchorage	AK
509	Brayden Rachow	18	Eagle River	AK
510	Sam Satathite	42	Kenai	AK
511	Cole Burnett	18	Anchorage	AK
512	David Spencer	18	Anchorage	AK
513	Christopher Kingsland	18	Seward	AK
514	Gabe Martin	18	Anchorage	AK
515	Ben Martensen	18	Anchorage	AK
516	Alex Best	35	Bullard	TX
517	Tasman Duenow	18	Anchorage	AK
518	Carter Eaton	18	Anchorage	AK
519	Teddy Bahr	18	Anchorage	AK
520	Caleb Cotter	28	Anchorage	AK
521	Michael Squires	61	Anchorage	AK
522	Brenden Turney	28	Anchorage	AK
523	Trapper Allen	18	Seward	AK
524	Dylan Garbe	18	Eagle River	AK
525	Russell Storjohann	53	Anthem	AZ
526	Ben Michaelson	18	Anchorage	AK
527	William Michener	18	Eagle River	AK
528	Connor Owens	18	Palmer	AK
529	Miles Dennis	18	Chugiak	AK
530	John Williams	64	Palmer	AK
531	Aaron Kusano	41	Anchorage	AK
532	Paul Butera	22	Anchorage	AK
533	Steven More	42	Ft Greely	AK
534	Michael Davidson	72	Green River	WY
535	Robert Forgit	57	Anchorage	AK
536	Edwin Shutt	46	Anchorage	AK
537	Jeremy Hinshaw	44	Anchorage	AK
538	Bill Wamsganz	60	Anchorage	AK
539	Dan Linkhart	41	Seward	AK
540	Paul Pedersen	60	Soldotna	AK
541	Bernard Hildebrand	57	Northway	AK
542	Corbin Stirling	35	Seward	AK
543	Nathaniel Herz	31	Anchorage	AK
544	Christopher Crosta	34	Anchorage	AK
545	Thomas Meacham	76	Anchorage	AK
546	Peter Adams	46	Anchorage	AK
547	Michael Valantas	50	Anchorage	AK
548	Glen Anderson	55	Seward	AK
549	Trent Boggs	57	Eagle River	AK
550	Curtis Silook	38	Anchorage	AK
551	Dirk Brodish	58	Anchorage	AK
552	John Browne	49	Anchorage	AK
553	Allen Clendaniel	41	Anchorage	AK
554	Chris Clifford	58	Anchorage	AK
555	James Conant	64	Seward	AK
556	Chris Held	52	Fairbanks	AK
557	Andrew Daoust	57	Anchorage	AK
558	Jeff Donlan	62	Anchorage	AK
559	Harold Faust	65	Seward	AK
560	Christopher Gionet	49	Anchorage	AK
561	Tab Ballantine	64	Anchorage	AK
562	Joseph Hawkins	52	Palmer	AK
563	Robert Milby	38	Eatonville	WA
564	William Thompson	68	St Helena	CA
565	Steve Walters	53	Anchorage	AK
566	Michael Chard	65	Anchorage	AK
567	Steve Carroll	57	Anchorage	AK
568	Gregory Lincoln	51	Bethel	AK
569	Thomas Conley	60	Chugiak	AK
570	James Craytor	66	Milwaukie	OR
571	Christopher Booth	41	Edina	MN
572	Jeremy Richards	43	Fairbanks	AK
573	Steven Andersen	26	JBER	AK
574	Mark Silverman	50	Anchorage	AK
575	Wes Hoskins	40	Palmer	AK
576	Chad Arthur	47	Soldotna	AK
577	Jared Wallace	36	Seward	AK
578	Fred West	51	Anchorage	AK
579	Matthew Cameron	30	Fairbanks	AK
580	Daniel Smith	48	Anchorage	AK
581	Lance Allen	48	Seward	AK
582	Marcus Knight	46	Wasilla	AK
583	Thomas Schultz	33	Anchorage	AK
584	Logan Schulz	28	Anchorage	AK
585	James Sorrels	55	Orlando	FL
586	Jordan Stoner	31	Bozeman	MT
587	Marek Kolendo	46	Wasilla	AK
588	Tim White	57	Los Alamos	NM
589	Nathaniel Duncan	42	Maggie Valley	NC

WOMEN'S ROSTER

BIB#	NAME	AGE	HOMETOWN	STATE
1	Jessica Yeaton	27	Anchorage	AK
2	Denali Foldager-Strabel	29	Seward	AK
3	Christy Marvin	38	Palmer	AK
4	Najeeby Quinn	39	Anchorage	AK
5	Hannah Lafleur	30	Seward	AK
6	Allison Barnwell	27	Seward	AK
7	Allie Ostrander	22	Soldotna	AK
8	Abby Jahn	26	Anchorage	AK
9	Julianne Dickerson	31	Anchorage	AK
10	Mira Hopkins	25	Anchorage	AK
11	Aubrey Smith	39	Talkeetna	AK
12	Mackenzie Barnwell	25	Seward	AK
13	Annie Connelly	21	Chugiak	AK
14	Kinsey Loan	26	Eagle River	AK
15	Ruby Lindquist	19	Moose Pass	AK
16	Sadie Fox	22	Soldotna	AK
17	Jenna DiFolco	20	Fairbanks	AK
18	Lauren Spinelli	40	Anchorage	AK
19	Holly Brooks	37	Anchorage	AK
20	Sheryl Loan	60	Eagle River	AK
21	Lauren Fritz	31	Anchorage	AK
22	Megan Neale	23	Anchorage	AK
23	Tori Hickel	25	Anchorage	AK
24	Verena Gill	52	Anchorage	AK
25	Wendy Sailors	50	Anchorage	AK
26	Klaire Rhodes	21	Anchorage	AK
27	Isabel Barnwell	23	Seward	AK
28	Lisa Anglen	38	Anchorage	AK
29	Amy Harper	40	Arroyo Grande	CA
30	Jolie Glaser	33	Seward	AK
31	Rachel Dow	40	Seward	AK
32	Sarah Cosgrave	22	Anchorage	AK
33	Justine Reese	35	Wasilla	AK
34	Kristen Sieminski	40	Seward	AK
35	Maggie Meeds	19	Anchorage	AK
36	Cecelia Nocas	30	Anchorage	AK
37	Alyson Kopsack	19	Palmer	AK
38	Susan Casey	52	Eagle River	AK
39	Rya Berrigan	20	Palmer	AK
40	Ruth Cvancara	19	Anchorage	AK
41	Hannah Ingrim	24	Girdwood	AK
42	Laura Tuttle	30	Anchorage	AK
43	Jessica Pahkala	24	Anchorage	AK
44	Leah Besh	33	Anchorage	AK
45	Heidi Booher	19	Chugiak	AK
46	Brook Wedin	20	Mora	MN
47	Carrie Koso	27	Wasilla	AK
48	Trish Kopp	54	Anchorage	AK
49	Tiffanie Bird	42	Anchorage	AK
50	Patricia Foldager	61	Seward	AK
51	Shannon Donley	48	Anchorage	AK
52	Alice Baker	27	Hesperus	CO
53	Jana Seaman	38	Anchorage	AK
54	Tatjana Spaic	22	Palmer	AK
55	Ann Spencer	24	Anchorage	AK
56	Jess Klain	34	Anchorage	AK
57	Rachel Russell	25	Eagle River	AK

58	Sarah Freistone	25	Anchorage	AK
59	Tekla Seavey	30	Seward	AK
60	Angela DiBerardino	42	Anchorage	AK
61	Rachel James	38	Anchorage	AK
62	Bronwen Nicholls	31	Anchorage	AK
63	Zoe Hickel	26	Anchorage	AK
64	Molly Gellert	19	Anchorage	AK
65	Gyongyver "Pearl" Schilling	46	Hope	AK
66	Riana Boonstra	18	Kenai	AK
67	Leah Legate	54	Anchorage	AK
68	Milissa Lewis	33	Palmer	AK
69	Andrea Kettler	35	Anchorage	AK
70	Amber McDonough	43	Anchorage	AK
71	Alejandra Legate	20	Anchorage	AK
72	Kayla Rowe-Knotek	23	Anchorage	AK
73	Stephanie Wright	33	Seward	AK
74	Kelsey Coolidge	31	Anchorage	AK
75	Heather Moon	40	Soldotna	AK
76	Teresa Comer	37	Eagle River	AK
77	Jocelyn Kopsack	22	Palmer	AK
78	Pamela Richter	61	Anchorage	AK
79	Jordin Thompson	32	Anchorage	AK
80	Leslie Dickson	51	Anchorage	AK
81	Sable Hodson	28	Los Angeles	CA
82	Megan Olson	48	Anchorage	AK
83	Deb Essex	50	Girdwood	AK
84	Jennifer Anderson	46	Seward	AK
85	Alina Rubeo	37	Wasilla	AK
86	Erin Hamilton	41	Anchorage	AK
87	Hannah Beutler	24	Seward	AK
88	Teresa Russell	53	Eagle River	AK
89	Amanda Hegna	40	Eagle River	AK
90	Amy De Schweinitz	39	Anchorage	AK
91	Karen Williams	58	Anchorage	AK
92	Ellyn Brown	66	Anchorage	AK
93	Greer Gehler	36	Anchorage	AK
94	Christy Jordan	46	Seward	AK
95	Alyse Loran	32	Anchorage	AK
96	Jacqueline Klecka	25	Anchorage	AK
97	Marcie Lovgren	38	Bozeman	MT
98	Halley Werner	34	Seward	AK
99	Emily Helland-Carlson	36	Anchorage	AK
100	Kristy Templeman	39	Anchorage	AK
101	Elizabeth Hooper	53	Anchorage	AK
102	Karen Carswell Kirk	53	Eagle River	AK
103	EmmaLee Moore	19	Seward	AK
104	Stacy Schaffer	41	Seward	AK
105	erica shafer	37	Anchorage	AK
106	Mariah Butters	45	Seward	AK
107	Troyce Allen	43	Anchorage	AK
108	Robin Reich	50	Anchorage	AK
109	Hannah Lies	24	Anchorage	AK
110	Christie Haupert	43	Anchorage	AK
111	Ronna Martin	52	Kenai	AK
112	Lynn Spencer	65	Anchorage	AK
113	Grace Annett	18	Anchorage	AK
114	Kylie Judd	18	Anchorage	AK
115	Aubrey LeClair	18	Anchorage	AK
116	Sadie Lindquist	18	Moose Pass	AK
117	Alisa Kincaid	45	Palmer	AK
118	Kelly Ann Cavaretta	29	Seward	AK
119	Noelle Coniglio	21	JBER	AK
120	Kaylee Heck	19	Anchorage	AK
121	Laurel DeVore	30	Golden	CO
122	Charlotte Edmondson	45	Anchorage	AK
123	Amrita Mcsharry	36	Anchorage	AK
124	Leslie Varys	40	Wasilla	AK
125	Jennifer Frazier	50	Eagle River	AK
126	Mary Beth Koster	54	Seward	AK
127	Ingrid Reese	40	Anchorage	AK
128	Rachelle Kanady	29	Anchorage	AK
129	Cynthia Cacy	37	Anchorage	AK
130	Gina Robinson	48	Anchorage	AK
131	Jessica Larrabee	27	Wasilla	AK
132	Jill Simek	45	Anchorage	AK
133	Jane Mulcahy	31	Jonesville	VT
134	Heidi Friese	27	Wasilla	AK
135	Darcy Waddell	52	Pueblo West	CO
136	Denielle Beilfuss	43	Shorewood	WI
137	Courtney Lyons	32	Anchorage	AK
138	Shani Rinner	45	Anchorage	AK
139	Cynthia Martensen	53	Anchorage	AK
140	Karen Looney	52	Palmer	AK
141	Gwendolynn Stuart	35	Anchorage	AK
142	Jennifer Uriarte	42	Seward	AK
143	Amie Wu	39	Anchorage	AK
144	Dani Buckley	28	Palmer	AK
145	Marion Glaser	35	Seward	AK
146	Annie Johnson	30	Edmonds	WA
147	Michelle Dickson	49	Anchorage	AK
148	Willow Schlenker	23	Gakona	AK
149	Jamie Whiteman	24	Anchorage	AK
150	Kathleen Morrison	42	Soldotna	AK
151	April McAnly	37	Eagle River	AK
152	Kimberly Riggs	43	Anchorage	AK
153	Stacey Pearson	33	Salt Lake City	UT
154	Karol Fink	51	Seward	AK
155	Marcelle Roemmich	31	Seward	AK
156	Julia Ruimveld	28	Homer	AK
157	Carly Vangstad Boyd	27	Anchorage	AK
158	Rachelle Alger	50	Anchorage	AK
159	Kellie Arthur	18	Soldotna	AK
160	Veronica bunch	43	Seward	AK
161	Amy Dreger	36	Boulder	CO
162	Grace Gannon	20	Anchorage	AK
163	Tracy Houser	47	Palmer	AK
164	Suzanne Knudsen	64	Indian	AK
165	Amy Leedham	34	Larkspur	CA
166	Kay Sind	30	Anchorage	AK
167	Mary Vollendorf	49	Anchorage	AK
168	Sadie Ulman	37	Seward	AK
169	Danielle Varney	36	Anchorage	AK
170	Auction/Raffle			
171	Auction/Raffle			
172	Auction/Raffle			
173	Auction/Raffle			
174	Auction/Raffle			
175	Auction/Raffle			
176	Auction/Raffle			
177	Auction/Raffle			
401	Wendy Bryden	51	Moose Pass	AK
402	Katrina Cain	53	Anchorage	AK
403	Joey Eski	49	Anchorage	AK
404	Margaret Griffin	49	Soldotna	AK
405	Kris Kile	51	Anchorage	AK
406	Carolyn Boone	48	Chugiak	AK
407	Melissa Hartford	29	Anchorage	AK
408	Saundra Hudson	50	Homer	AK
409	Mary Kemppel	77	Anchorage	AK
410	Amy Brumbaugh	46	Anchorage	AK
411	Binget Nilsson	52	Seward	AK
412	Nancy Osborne	68	Bellbrook	OH
413	Jennifer Kach	35	Anchorage	AK
414	Cynthia Kupczynski	60	Chelan	WA
415	Amber Sheffield	49	Wasilla	AK
416	Kathryn Jacobsen	46	Anchorage	AK
417	Justine Pechuzal	39	Seward	AK
418	Annie Luck	59	Eagle River	AK
419	Jasper Wallace	36	Anchorage	AK
420	Carey Quiring	50	Seward	AK
421	Emily Veenstra	30	Anchorage	AK
422	Carly Besh	25	Anchorage	AK
423	Sarah Bosch	30	Anchorage	AK
424	Katee Chard	29	Anchorage	AK
425	Kelsey Tranel	30	Anchorage	AK
426	Kim Kersten	40	Anchorage	AK
427	Dawn Dinwoodie	51	Anchorage	AK
428	Natalie Bickers	44	Palmer	AK
429	Danielle Harris	34	Eagle River	AK
430	Brandy Bland	46	Anchorage	AK

431	Josephine Braun	21	Seward	AK
432	Kimberley Graham	37	Hope	AK
433	Yereth Rosen	60	Anchorage	AK
434	Cheryl Shellabarger	58	Loveland	CO
435	Christy Phillips	38	Seward	AK
436	Heidi Conway	51	Anchorage	AK
437	Jean Labonte	59	Eagle River	AK
438	Jill McLeod	53	Anchorage	AK
439	Alesia Thon	52	Anchorage	AK
440	Alexandra Okeson	24	Anchorage	AK
441	Sherry Trumpower	55	Anchorage	AK
442	Katie Peot	32	Missoula	MT
443	Jenny Sheasley	23	Anchorage	AK
444	Laura McGinley Kline	39	Boulder	CO
445	Sharyl Worrell	47	Anchorage	AK
446	Dyann Hardy	38	Eagle River	AK
447	Tracie Haan	23	Palmer	AK
448	Jessica Clifford	21	Anchorage	AK
449	Ava Harren	23	Boise	ID
450	Bonnie Moore	36	Anchorage	AK
451	Lanara Forgit	48	Anchorage	AK
452	Joyce Hudson	36	Anchorage	AK
453	Sarah Hurkett	36	Eagle River	AK
454	Myla Liljemark	40	Seward	AK
455	Rebecca Haviland	36	Anchorage	AK
456	Christine Youngblood	34	Anchorage	AK
457	Corey Frazier	19	Eagle River	AK
458	Cecilia Jarvis	46	Anchorage	AK
459	Megan Volk	31	Eagle River	AK
460	Sara Kennedy	36	Eagle River	AK
461	Kellyn Brothis	32	Parker	CO
462	Kristen Hansen	47	Anchorage	AK
463	Frances Evarts	47	Homer	AK
464	Genia Van Wormer	59	Paducah	KY
465	Mari Eaton	50	Anchorage	AK
466	Sondra Stonecipher	36	Soldotna	AK
467	Trina Resari-Salao	39	Anchorage	AK
468	Dreanna Owens	21	Eagle River	AK
469	Jenn Parchem	30	Columbus	WI
470	Kerri Garcia	39	Fairbanks	AK
471	Tania Hall	35	Anchorage	AK
472	Joey Caterinichio	49	Anchorage	AK
473	Taylor Thorn	26	Missoula	MT
474	Sheri Boggs	57	Eagle River	AK
475	Sidney Billingslea	60	Anchorage	AK
476	Hilary Nicol	29	San Francisco	CA
477	Jackie Gassner	35	Tacoma	WA
478	Tammy Weaver	38	Anchorage	AK
479	Cydney Reynolds	23	Anchorage	AK
480	Hallidie Phillips	30	Anchorage	AK
481	Jodi Harskamp	43	Anchorage	AK
482	Rebekah Koenigbauer	36	Bozeman	MT
483	Timeri Noren	45	Eagle River	AK
484	Grace Miller	19	Palmer	AK
485	Cassandra Delgado	32	Seward	AK
486	Kathleen Sorensen	27	Seward	AK
487	Holly Holman	55	Palmer	AK
488	Sarah Warnke	18	Eagle River	AK
489	Aliann Schmidt	18	Soldotna	AK
490	Danica Schmidt	18	Soldotna	AK
491	Clare Cook	21	Eagle River	AK
492	Haley Buckbee	18	Soldotna	AK
493	Kimberly Langston	40	Lebanon	TN
494	Gwyneth Gavalya	18	Chugiak	AK
495	Elizabeth Johnson	18	Anchorage	AK
496	Kelley Lane	37	Seward	AK
497	Grace Heglund-Lohman	26	Saint Paul	MN
498	Amy Baxter	18	Palmer	AK
499	Pamela Bearden	70	Anchorage	AK
500	Roxanna Reynolds	18	Anchorage	AK
501	Caitlin Gohr	18	Anchorage	AK
502	Aurora Agee	39	Juneau	AK
503	Linnea Hollingsworth	39	Seward	AK
504	Eliza Zugg	23	Palmer	AK
505	Ellen Davidson	71	Green River	WY
506	Jillian Ryan	32	Seward	AK
507	Lori Luff	39	Palmer	AK
508	Willow Hetrick	34	Moose Pass	AK
509	Rachel Kidwell	32	Anchorage	AK
510	Nancy Schierhorn	59	Anchorage	AK
511	Meret Beutler	22	Seward	AK
512	Hannah Booher	21	Chugiak	AK
513	Andrea Snowden	45	Anchorage	AK
514	Ashley Bruns	30	Anchorage	AK
515	Anna Widman	35	Kenai	AK
516	Jessica Heinrich	39	Anchorage	AK
517	Brenna Berry	23	Homer	AK
518	Carole Holley	44	Anchorage	AK
519	Joan Antonson	67	Anchorage	AK
520	Billie Jo Kopsack	66	Palmer	AK
521	Jennifer Waltenbaugh	47	Homer	AK
522	Karen Miernyk	50	Anchorage	AK
523	Leah Hopkins	21	Anchorage	AK
524	Margaret Cunningham	60	Anchorage	AK
525	Kristi Adams	49	Wasilla	AK
526	Ingrid Burton	56	Los Gatos	CA
527	Kathryn Rose	37	Palmer	AK
528	Amy Hollinhead	31	Anchorage	AK
529	Nicole Aikins	30	Anchorage	AK
530	Chantel Welch	39	Sisters	OR
531	Gina Serra	38	Anchorage	AK
532	Jennifer Andrade	40	Seward	AK
533	Erin Gillespie	33	Fountain Valley	CA
534	Katie Chriest	36	Eagle River	AK
535	Viktoria Anderson-Watsjold	26	Eagle River	AK
536	Jamie Greendyk	28	Kodiak	AK
537	Linda Robb	53	Fair Oaks	CA
538	Sara Deveraux	36	Billings	MT
539	Megan Fink	22	Anchorage	AK
540	Chisato Johnson	55	Kasilof	AK
541	Jessi Morris	38	Anchorage	AK
542	Patricia Franco	27	Girdwood	AK
543	Amy Belmear	47	Eagle River	AK
544	Samantha Simpson	33	Anchorage	AK
545	Anna Johnson	29	Anchorage	AK
546	Wendy Terry	36	Anchorage	AK
547	Amanda Barnett	34	San Antonio	TX
548	Cydney Lagomarsino	23	Seattle	WA
549	Amanda Strickland	35	Austin	TX
550	Nicole Lawrence	39	Seward	AK
551	Jeanie Moseman	36	Seward	AK
552	Emily Sawyer	24	Seward	AK
553	Susanne Rieder	51	Seward	AK
554	Sarah Stokey	31	Seward	AK
555	Shelby Lee Harris	27	Seward	AK
556	Laura Lundell	32	Chugiak	AK
557	Andrea Rodriguez	38	Seward	AK
558	Jen Yach	29	Anchorage	AK
559	Brittany Winternheimer	31	Anchorage	AK
560	Rebecca Koford	35	Anchorage	AK
561	Elizabeth Finocchio	35	Anchorage	AK
562	Freya Janssen	37	Anchorage	AK
563	Mariah Johnson	43	Seward	AK
564	Brittany Smith	33	Eagle River	AK
565	Emma Weatherly	31	Anchorage	AK
566	Heather Mahoney	42	Wasilla	AK
567	Ashly Beckes	31	Anchorage	AK
568	Jennifer Anthony	50	Palmer	AK
569	Lindy Byerly	32	Seward	AK
570	Jenna Frederic	28	Anchorage	AK
571	Susan Craig	50	Soldotna	AK
572	Kendall Stevens	21	Anchorage	AK
573	Rebecca Mahar	29	Anchorage	AK
574	Jennifer Smith	37	Anchorage	AK
575	Tosha Cypher	35	Palmer	AK
576	Julia Morris	30	Wasilla	AK
577	Teal Hall	32	Moose Pass	AK
578	Michelle Fabry	49	Anchorage	AK

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