



# Welcome to Seward for the Fourth of July!

Welcome to Seward for the 96th running of the Mount Marathon Race, which has entertained and challenged racers since 1915, longer than any other mountain race in North America. We're grateful to again present the race and festival on the Fourth of July. Start times are 9 a.m. for juniors, 11 a.m. for men and 2 p.m. for women. And don't forget the exciting Mini Mount Marathon for 2-6-years-olds starting at 11:08 a.m.

Anywhere on Fourth Avenue or Jefferson Street is a popular place to watch the race (remember, no dogs or drones!), while the base of the mountain at the end of Lowell Canyon Road is also an exciting vantage point. This year's roster includes a large number of lottery winners and first-time racers. Help give them a Mount Marathon welcome they'll never forget.

This guide features an event schedule, Fourth of July Festival information, great photos and rosters with bib numbers for each race. There's also an article about 80-year-old Maureen McCrea, a feature on Steve MacSwain and his childhood memories of Seward and the story about how Taylor Turney ran from the top of the mountain to the finish line in less than 10 minutes! You'll also find previews of all three races.

New this year: we have a permanent logo created by Moose Pass native Sarah Glaser and a non-binary division that features its own results and the same awards that men and women receive. Whether you're a hardened Alaskan, a first-time visitor to Seward, a rookie racer or a veteran of the Mount Marathon Race, we're psyched you're here and wish you and your families an amazing experience.

— The Seward Chamber of Commerce and Mount Marathon Race Committee

## FESTIVAL INFORMATION:

Vendors are open:

TUESDAY, JULY 2 — 12 p.m. - 6 p.m.

WEDNESDAY, JULY 3 — 10 a.m. - 7 p.m.

THURSDAY, JULY 4 — 9 a.m. - 6 p.m.

*Booths are along Adams St. and along Fourth Ave.*

## PARADES & FIREWORKS:

WEDNESDAY, JULY 3

Boat Parade— 11:00 p.m.

(Seward Harbor & Waterfront Park)

Directly following the boat parade, the fireworks show will commence at midnight.

Fireworks Show— 12:01 a.m.

(Seward Harbor & Waterfront Park)

THURSDAY, JULY 4

Float Parade — 1 p.m.

## RACE TIMES

*All races take place on July 4th on Third Ave.*

JUNIORS — 9 a.m.

*Mass start for boys & girls*

MENS — 11 a.m.

*Three waves at three minutes apart*

MINI MT MARATHON

- 11:08 a.m.

*Round Up begins by the start line at 10:45 a.m.*

WOMENS — 2 p.m.

*Three waves at three minutes apart*

*See rosters inside for the full slate of runners. The rosters do not reflect changes made after June 6.*





# 2024 Race Partners

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Seward Chamber of Commerce © 2024

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# Spectator Tips

With three races throughout the day, you'll have plenty of time to see the race from different vantage points. You can watch the start and finish on 4th Avenue, or head to Jefferson Street and see how racers tackle the mountain base.

For those who want to do some climbing of their own, spectators are invited on the trail, but please take the **HIKING TRAIL**, which starts at the intersection of 1st and Monroe Streets (also known as the Jeep Trail).

For the safety of all runners and spectators, **NO DOGS**, leashed or unleashed, are allowed in the downtown area or along the race course. This includes all race trails on the mountain.

There are **NO DRONES** allowed to be flown in and around the race course and downtown unless given prior approval.

Wherever you watch, be sure to obey race officials and volunteers. And definitely **STAY OFF THE RACE TRAIL**. Racers have trained hard for the Mount Marathon Race; don't be the person who messes up their day.



Scan the QR code to see the Free Shuttle Map & Info



MICK DEES

# Getting Around Town

Visitors are encouraged to carpool or enjoy a scenic train ride from Anchorage to reduce the amount of traffic in town around the Fourth of July. Once here, hop on our free shuttle—maps are available at the Visitor Center—call a taxi, or rent a bike to get around. If you do have a car, park legally and avoid blocking private driveways.

For summer 2024, the City of Seward Free Shuttle will operate from 10 a.m. to 7 p.m. with the first and last stops being at the Seward Railroad Depot. If there is a cruise ship in port, the

shuttle will stop at the cruise ship terminal starting at 8 a.m.

The route takes about 30 minutes for the shuttle to complete. Be sure to look for the Seward City Tours bus with **FREE SHUTTLE** printed in red and use the designated shuttle stops.

Seward is compact and easy to navigate. The majority of activities and attractions are found within one mile of the boat harbor, so walking and biking—especially along the waterfront path—are quite feasible.

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1. CRUISE SHIP TERMINAL . . . . . Stops Here For Cruise Ship Passengers

2. RAILROAD DEPOT . . . . . Baggage Storage, Boardwalk, Bike Rental, Restaurants

3. SEWARD MILITARY RESORT . . . . . Regular Stops at 10 a.m., 2 p.m. & 5 p.m.

4. VISITOR CENTER & CHAMBER OF COMMERCE . . . . . Groceries, Visitor Information

5. HARBOR - NORTH PARKING LOT . . . . . North Parking Lot, Shops, Restaurants

6. HARBOR - SOUTH PARKING LOT . . . . . KEFJ Visitor Center, Mariners' Memorial

7. HARBORVIEW INN . . . . . Seward Seaman's Mission, Bank

8. SENIOR & TEEN CENTERS . . . . . Historic Downtown, Laundromat, Hospital

9. KAWABE PARK . . . . . Historic Downtown, Stores & Restaurants, Restrooms

10. ALASKA SEALIFE CENTER . . . . . Historic Downtown, Stores & Restaurants, Waterfront

11. SOUTH WATERFRONT PARK . . . . . Picnic Pavilion, Playground, Skate Park

12. RESURRECTION CAMPGROUND . . . . . U.S. Post Office, American Legion, Restrooms/Shower

13. NORTH WATERFRONT PARK . . . . . Ball Fields, Campgrounds, Park Bench Areas

14. HARBORMASTER OFFICE . . . . . Harbor, Shops, Restaurants, Restrooms/Shower

BUSES ARRIVE AROUND EVERY 30 MINUTES DAILY FROM 10 a.m. to 7 p.m. MAY THROUGH SEPTEMBER

Shuttle Stop

Seward.com

Alaska Starts Here

Look for the blue and white **SHUTTLE STOP** signs at pick-up and drop-off locations. Bus says **FREE SHUTTLE** printed in red. The 5-mile route takes about 30 minutes for the shuttle to complete - stops are not timed. If you have been waiting more than 30 minutes please call SCT at (907) 231-5773.

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LOWELL POINT MAP INSET

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2 WALKING & BIKING PATH

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SEWARD CHAMBER OF COMMERCE & VISITOR CENTER  
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# Race Previews

By Matias Saari  
MMR Race Director



## Juniors: Boonstra and Marvin Seek to Defend Titles

**By Matias Saari**  
**MMR Race Director**  
Tania Boonstra’s recipe for success is to climb as fast as possible and then hold off her pursuers on the downhill. It worked for the Kenai runner last year when she built a 2 ½-minute lead on the next-best climber (her sister Jayna) and then coasted to victory over Rose Conway of Anchorage in the Mount Marathon junior girls race. That flipped the script from 2022, when Conway won after chasing down Tania and Jayna Boonstra on the downhill.

“It was really awesome (to win) after being so close the year before,” Tania said about 2023. “I just really tried to push on the way up because I’m not as strong as the downhills. . . . (The downhill) is a little intimidating sometimes.”

After a successful high school track season, the

16-year-old took a couple weeks off and then participated in the Lynn Canal Training Camp in Juneau, which includes hiking, running, and other recreational activities.

With Jayna aging up to the women’s race this year, Tania will lose the comfort of sisterhood in the junior event.

“It’s fun to warm up with my sister,” she said. “But I’m excited for her to do the full course.”

Pint-sized 12-year-old Wren Spangler took third last year and appears in good form again after placing eighth at the Government Peak up-and-down race on June 1, ahead of several women assigned to the adult first wave at Mount Marathon.

The top Seward junior is Olive Jordan, 14, who placed fourth last year after posting the fastest downhill split among 124 racers.

Hannah Bodkin of Eagle Riv-

er (fifth last year) and Aubrey Virgin of Palmer (sixth last year) will also be pushing for the podium.

One potential advantage for Boonstra is that her father, Todd, is a three-time Olympian in Nordic skiing who won the Mount Marathon men’s race four times. Presumably Tania can glean a few training and racing tips from him.

Boys race challenger Vebjorn Flagstad is in a similar boat as Tania Boonstra: his Norwegian father, Trond, is a two-time MMR champion.

“My dad has helped me a lot with this race,” Flagstad said. “Last year I was able to use his routes to get up and down the cliff pretty fast and I’m hoping this year we will go out and do some of the workouts he did to train for Mount Marathon.”

Flagstad’s goal is to stay close to Coby Marvin, whose mom Christy has won Mount Marathon three times while father Ben has placed as high as fifth.

“It would be great to be able to hang with (Coby) for at least part of the race because last year I didn’t see him at all on the uphill section,” said Flagstad. “I definitely think if I have him in sight it would be a lot easier to keep with him rather than just chasing someone way ahead of me.”

In last year’s mudfest, Marvin built a lead of 1:41 over Flagstad on the climb to the halfway point and wound up winning by that exact margin.

In 2022, Marvin posted the second-fastest junior boys time in race history at 25 minutes, 27 seconds to become the first boy within a minute of Bill Spencer’s storied record of 24:30 from 1973. That’s believed



Tania Boonstra of Kenai wins the 2023 Girls’ Race in inclement weather.



NELSON BROWN

A group of boys and girls descent a scree slope halfway down Mount Marathon. (Photo by Nelson Brown)

to be Alaska’s longest-standing running record.

“It would be great to run fast and get close to Bill’s record again,” Marvin said. “I think it’s going to depend on conditions.”

This will be Marvin’s last chance to chase Spencer before he graduates to the men’s race in 2025.

Marvin said his training has changed this year for two reasons: he’s busier now after beginning work at AKtive Soles Performance Footwear on April 1, and he’s becoming addicted to whitewater kayaking.

“I try to go (kayaking) 3-4 times a week, preferably more,” Marvin said. “So I try to usually get a (running) workout in before I go kayaking.”

Other names to watch in the boys race include 15-year-

old Raven Spangler of Palmer, the fastest downhiller in the field who placed fourth last year; talented skier Hatcher Menkens, who’s making his MMR debut; up-and-comer Corbin Wilson of Palmer; and Robbie Annett, a state champion track runner who will likely lead the race to the base of the mountain.

The junior field of up to 300 runners — boys and girls run together but are separated in the results — also features four quartets: the Rubeos from Wasilla, Shahas from Eagle River, Sensabaughs from Palmer, and Mehls from Eagle River all have four junior racers entered.



# Men’s: Can King Keep Up With Norris?



Darren Thomas leads Lars Arneson at the base of the mountain in 2023. (Photo by Camden Benter)

Max King and David Norris have dominated Mount Marathon since 2018, but King says it’s time for a new King of the Mountain. “My hope is that we’ll see a few other young studs up there giving Norris a run for his money,” said King, the two-time champion from Bend, Ore. “It’s pretty cool that Norris or I have won the past 5 years it’s been held, but I’d love to see someone new take the crown. We’re not going to make it easy, though.” Despite their dominance, Norris and King have only gone head-to-head once, in 2018, and that duel produced the third- and fourth-fastest times in race history (42 minutes, 13 seconds for Norris

and 42:33 for King). “A lot has changed since then, as in I got old,” quipped King, now 44. Age is hardly an impediment for King, who earned not only the 40-49 age group record in 2022 but the win with a sterling time of 43:37. “As I’ve aged, I’ve noticed that recovery is slower so getting the consistent hard workouts in to get really fit is just more difficult,” said King, who must drive two hours just to climb a 3,000 vertical foot mountain. Norris, the Fairbanks native who lived and trained in Anchorage with the Alaska Pacific University Nordic Ski Center before moving to Steamboat Springs, Colo., has a similar challenge. “Steamboat is a great location to train in, but it is really tough to find the steep terrain that is the norm in southcentral Alaska,” he said. Any lack of vertical training, though, doesn’t seem to be adversely affecting the pair, and Norris is looking forward to racing King again. “I think a great battle would be good for both of us, but I haven’t put too much thought on my competition,” Norris said. “My main objective is to pursue a personal best time on the course.” A new personal best would mean a new race record. Norris achieved legendary status with his record run of 41:26 seconds in 2016, when he returned the record to an Alaskan a year after Spanish star Kilian Jornet had swiped it. Norris knows good conditions are necessary for record-challenging times, and last year’s mud and rain slowed most everyone down.

A large snowfield near the top can also help produce fast times as racers butt-slide down the snow at breakneck speeds while giving their legs a short break. Whether snow remains come July 4 is anybody’s guess. Though Norris has moved to Colorado, where he coaches Nordic skiing and works as an accountant and banker, he relishes returning most years to Mount Marathon. “It is easily the gnarliest mountain race I have ever done, even though it is only a 5 km!,” Norris said. “The other big reason I come back to Seward is because it’s an amazing excuse to spend time with my family in Alaska and to stay connected with the running community in Alaska.”

Darren Thomas of Reno, Nev., is also back and seeks the top step of the podium after placing second last year and third in 2021. Last year’s third- through fifth-place finishers, Lars Arneson, Michael Earnhart and Lyon Kopsack, respectively, also return. Arneson, a four-time champion of the Alaska Mountain Runners’ Grand Prix series, continues to excel with wins this season at Crazy Lazy and the Turnagain Arm Trail Run and a runner-up result at the Knoya Ridge Run. Earnhart, a 21-year-old elite skier, made a huge leap from 14th in 2022 to fourth last year. Further intrigue in this year’s field comes from no fewer than half a dozen racers who missed the 2023 event. That group consists of past junior champion Michael Connelly



Fred Moore approaches the finish line in 2019. (Photo by Joel Krahn)

of Eagle River (fourth in 2021); Jessie McAuley of British Columbia, Canada (sixth in 2019); Ali Papillon, now of Manitou Springs, Colo., who holds the third-fastest junior time in history and will be making his men’s race debut; past record-holder Eric Strabel, 42, who simply aims to break 50 minutes this year; University of Alaska Anchorage All-America runner Cole Nash; and Christopher Brenk, a speedy marathoner from Sitka who deferred his entry last year due to injury. Being speedy is not a prerequisite for being notable, however. Visually impaired runner Rennick Heatwole, a seven-time finisher of the junior race, will run his first men’s event this year. Tyler Johnson, an Inupiaq runner from Nome, is back for the second time. New to Mount Marathon as a lottery winner is Cam Stones, who

won a bronze medal for Canada in the four-man bobsled at the 2022 Winter Olympics. But the longest applause at the awards ceremony will likely be reserved for octogenarians Fred Moore and Chad Resari. Moore, an 83-year-old from Seward, returns for his 54th consecutive race, an astounding record that may never be broken. And last year Resari finished as a “Golden Racer” by completing half the mountain in under two hours; he’s signed up for another attempt this year, tackling one of the country’s most difficult mountain runs — at age 88. Of the 1,015 runners still entered on the 9th of June, 874 of them hailed from Alaska (86 percent). The rest came from 28 states in the U.S. along with a handful from Canada, Norway and the United Kingdom.

# Women’s: Fierce and Friendly Defines Women’s Race

Can the Palmer power trio sweep again? Christy Marvin, Meg Inokuma and Denali Strabel pulled off a 1-2-3 finish in 2023, but a repeat of that performance from the little town in the MatSu Valley seems unlikely given the strong competition and an injury to last year’s champion. Last year, Marvin overtook Meg Inokuma on Jefferson Street for her third win and 10th Top 3



Christy Marvin won the 2023 women’s race. (Photo by Mick Dees)

finish in 10 attempts. At 42, she also became the second-oldest women’s champion, denying the 43-year-old Inokuma of that honor. Strabel, 34, a Seward native and new Palmer resident, placed an emotional third. But this year may be different. In early June, Strabel was confident in her fitness after a runner-up performance at the Turnagain Arm Trail Run and Inokuma was coming off a strong ascent at the Government Peak Climb. But Marvin was sidelined with plantar fasciitis (a foot injury) and two types of tendonitis. “I do plan to race MMR even if I have to take the week before and after off,” Marvin texted June 6 while camping in Seward. “I’ve been doing a lot of biking, some slower hiking, and a few other random cross training options.” Marvin, who trained regularly with Strabel this winter, thrives on the female camaraderie so evident in mountain running

these days. “I’m beyond excited to be a part of a group of ladies who are chasing records and breaking down barriers in women’s mountain running. We can do great things alone, but incredible things together,” Marvin said. Strabel echoed the “stronger together” sentiment. “It is an honor to be part of the group building this example of loving and supporting other women. It’s magical to bring women along with you and generate this sisterhood in the mountains,” Strabel said. “I also don’t limit this supporting mindset to the ‘top’ women. I want to create a space where everyone feels supported.” A three-time winner of the junior race at Mount Marathon, Strabel has seven Top-5 finishes in the women’s race but has yet to join her mother, Patti Foldager, on the winners’ list. Holder of the women’s downhill record, Strabel

believes she can improve on her personal best of 52 minutes and would no doubt be in the mix if she accomplishes that. Meanwhile, Inokuma says she simply enjoys spending time in the mountains. She doesn’t train specifically for races and rarely wears a watch in competition. Although she was first to the top of Mount Marathon last year and nearly held off Marvin, she’s not driven to try

to win races. “As long as I push myself as much as I can, that’s my personal win,” she said. There is no shortage of other contenders. Two-time champion Hannah Lafleur of Seward missed last year’s race due to pregnancy and is now racing again with a toddler in tow. Klaire Rhodes was fourth a year ago shortly after competing at the (Continued on next page)



Klaire Rhodes placed fourth last year and is back this year.



World Mountain and Trail Running Championships in Austria; she has been racing throughout the U.S. in recent years and claimed the Knoya Ridge Run in Anchorage on June 6.

Eagle River newcomers Shauna Severson and Campbell Peterson could make waves along with Rosie Fordham, a stand-out skier and runner at the University of Alaska Fairbanks who hails from Australia.

Speaking of the land Down Under, Jessica Yeaton — the 2018 Mount Marathon champion — twice represented Australia at the Winter Olympics

in Nordic skiing. She graduated high school in Anchorage and now works as a physical therapist in Steamboat Springs, Colo. Unfortunately, her participation in Mount Marathon is doubtful due to serious injuries sustained in a snowmachining accident in early April.

“I wasn’t able to train or work for about six weeks,” Yeaton said, adding that she’ll only race, despite lacking peak fitness, if she’s fully confident that won’t cause a setback in her recovery.

Also signed up yet again are Patti Foldager of Hope and Ellyn Brown of Anchorage. They were the first women to complete 40 races in 2023 and that

accomplishment will be recognized at this year’s awards ceremony. “My mother has always been a pioneer in my eyes. She won the first women’s only race in 1985,” Denali Strabel said about Foldager. “(She) has always shown me what patience and determination can produce. I’m honored to run alongside her.”

Also worthy of celebration is Tali Novakovich, who will be the youngest possible age to participate in the women’s race: her 18th birthday is on the Fourth of July.

The 2024 races also marks the launching of a non-binary division. Zoe Dohring of Anchorage and Madi Sudweeks of Utah will participate among women while Heath McTee of Texas will race with the men. The non-binary entrants will have their own results and receive the same awards as the men’s and women’s divisions.



The top five women's finishers from 2023. From left, Sophie Wright, Denali Strabel, Meg Inokuma, Klaire Rhodes and champion Christy Marvin. (Photo by Matias Saari)

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RACERS GET A  
FREE CUP OF CHOWDER  
JULY 4-6 2-10PM  
FIND US AT THE  
FINISH LINE



Women run from the start line at the 2023 race. (Photo by Mick Dees)

# McCrea Seeks to Become First Octogenarian Female Finisher



McCrea poses with a friend at the 2011 Mount Marathon Race. (Photo courtesy of Maureen McCrea)

By Beth Bragg

Maureen McCrea doesn’t want to be a golden oldie. Just an oldie. The 80-year-old Anchorage woman is trying to become the oldest woman to finish Mount Marathon, the race up and down the 3,022-foot slab of rock that bruises, batters and bloodies runners of all ages. In 2019 organizers added a “golden racer” division to make the brutal race more accessible for people over 70 by letting them climb halfway up the mountain and turn around at the same place the under-18 junior racers do. But McCrea is saying no thanks to the golden opportunity. She wants to run the full race. A four-time finisher, McCrea

is back for the first time since 2015, when she won the 70-79 age group for the second straight year. She’s ready to make a bid at history, so she rejected the idea of racing in the golden division when race director Matias Saari told her about it earlier this year. “Matias said, ‘Are you sure? You can turn around halfway.’ And I said, ‘Try me when I’m 90,’” McCrea said. Race day will be a reunion for the McCrea-Pautzke clan, members of which have been running Mount Marathon since 2007. A dozen plan to be there to honor McCrea’s milestone birthday; six plan to race and six plan to watch. “My husband wants it to be a big party,” McCrea said. “He’s the instigator.” McCrea and husband Clarence Pautzke have been climbing mountains in Alaska since they moved here in 1980. Before that they were climbing in Washington, where they met in 1972 when both were graduate students at the University of Washington. Their first date was a hike up Sauk Mountain in the Cascade Range, a four-mile roundtrip with an elevation gain of 1,200 feet. “He called me up and said, ‘How would you like to go glissading?’ ” McCrea didn’t know what glissading was, but she was game. “We get to the top and he says, ‘Now let’s go.’ I say, ‘What?’ And he says, ‘You’re skiing on your feet.’ I came down sitting

between his legs,” she said. Pautzke was studying oceanography and McCrea was studying fisheries and marine science, and good jobs awaited when they came to Alaska. Pautzke worked as the executive director of the North Pacific Fisheries Management Council and the North Pacific Research Board, and McCrea worked in coastal management for the Outer Continental Shelf (OCS) Alaska Region and the state of Alaska and was a founding member of the Anchorage Waterways Council. The couple raised two kids, daughter Sarah of Hawaii and son Brian of Girdwood, and live an adventurous life with lots of sailing in Prince William Sound and hiking in the Chugach Mountains. The whole family raced in 2015, and when they were done McCrea, a four-time finisher, and Sarah, a three-time finisher, figured their race careers were over. “My knees were so bad and she can’t train properly in Hawaii, so we said we won’t do it again,” McCrea said. “And then I got new knees!” She had her left knee replaced in 2019 and her right knee replaced in 2021, and by last year she was climbing again. As her 80th birthday approached this May, Mount Marathon beckoned. Among those joining McCrea will be Clarence, a 12-time finisher, and Brian, a 14-time finisher. Sarah, niece Kate Wright of Montana and Brian’s wife Pamela Hatzis also plan to race, while



Maureen McCrea with family after the 2011 race. (Photo courtesy of Maureen McCrea)

McCrea’s brother and sister-in-law from Seattle will watch, as will four grandchildren. McCrea gained entry through the lottery but the other three women didn’t. They’ll need to secure entries at the bib auction the night before the race, where only seven women’s bibs are available and the demand for

them can mean bidding wars and four-figure prices. “That part is Clarence’s show,” McCrea said. Her part is beating the 2.5-hour time limit and making Mount Marathon history.



Maureen McCrea shows off a shirt printed to show the Mount Marathon results of family members. (Photo courtesy of Maureen McCrea)



# Ex-Hockey Star Honors Family History at Mount Marathon

By Beth Bragg

Few are born to run Mount Marathon quite like rookie runner Steve MacSwain, even though it's taken him nearly 59 years to take on the challenge.

Many know MacSwain as a hockey player. His knack for scoring goals made him a trailblazer of Alaska hockey in the 1980s and 1990s — the first Alaskan to play for Team USA at the World Championships, the first Alaskan to sign an NHL contract and, as a Minnesota Gopher, one of the first Alaskans to play for a college hockey powerhouse.

But MacSwain's story begins in Seward, in the most Alaska sort of way.

His parents grew up in

Seward, and on Aug. 8, 1965, young Linda McRae went into labor several weeks before her due date. The timing was rotten, because it was the first Sunday of the annual Seward Silver Salmon Derby and seemingly everyone was out on a boat in Resurrection Bay.

"They were going down to the beach with a foghorn, sending the message, 'Linda McRae's having a baby; get the word out,'" MacSwain says, recalling an oft-told piece of family history. "Dr. Merritt Starr was an Anchorage doctor and he got the message. He was out fishing and went straight to the hospital and he delivered me in his hipboots."

He weighed 5 pounds, 14

ounces. That year's derby winner weighed 15.04 pounds. MacSwain is 58 now and ready to return to a race and a place that loomed large in his childhood. His grandparents were Seward stalwarts Rose and James MacSwain (who lived near the base of the mountain) and Margaret and Scotty McRae (whose front window faced the mountain).

MacSwain remembers riding the fire truck in the parade, and he remembers James MacSwain watching the race through binoculars and providing play-by-play.

As a kid he often scrambled up and down the chute with his cousin, pretending to be a Mount Marathon runner. He told his grandparents he would run the race some day.

But life intervened. Linda McRae married Steve MacSwain, and when their son was 5 they moved to Anchorage. Though there were many return visits to Seward, MacSwain was not happy when they had to go back to Anchorage.

"It would take me to nearly Moose Pass before I'd stop whining," he said.

Things changed once he learned to skate and fell in love with hockey. Thoughts of Mount Marathon waned.

But now, with his parents growing older and his dad battling cancer, MacSwain wants to honor his family's ties to



Steve MacSwain sliced several fingers on sharp rocks while training for Mount Marathon in May. (Photo courtesy of Steve MacSwain)

Seward. He petitioned the race committee for a coveted spot in the race and was granted an entry based on unique circumstances.

On race day he hopes to find a spot near the bottom of the mountain where his parents, his wife Claudia, his son Stevie and other relatives can watch the race.

The logistics will be difficult — Stevie, 30, was diagnosed with leukemia at age 2 and developed a seizure disorder that left him non-verbal and often in a wheelchair. But nothing has been easy about MacSwain's return to Mount Marathon.

"I didn't realize how out of shape I was, but I'm getting that feeling again, the training, and the pain," he said. He has significant hip and knee issues from all the years he played hockey, "and as much as it hurts, I'm loving it."

MacSwain has never been

to the top of Mount Marathon, and he has never done any other mountain races. A training trip to Seward left him with cuts on his hand and the realization he needs a good pair of gloves. Training runs on Flattop in Anchorage tell him he still has work to do.

"Realistically this is a big challenge for me," he said. "I may not win this challenge, but I plan to battle and get to the top of that mountain for once, then hug my family and get to that finish line and then go get a shot at the Flamingo (Lounge). I think I'm gonna need a shot."



Steve MacSwain and family. (Photo Courtesy of MacSwain Family)

# Mission Accomplished: Taylor Turney's Sub-10 Downhill

By Beth Bragg

The law of gravity draws Taylor Turney to Mount Marathon:

What goes up must come down.

The way he sees it, the punishing 3,022-foot climb up the mountain is a necessary exertion for the ultimate exhilaration: A breakneck descent. "You deal with the uphill to get the thrill of the downhill," he said.

Few know that thrill quite like Turney. Last year, the 29-year-old Anchorage firefighter registered the fastest known time for a Mount Marathon downhill — 9 minutes, 54 seconds from the top of the mountain to the downtown finish line,

a distance of about 1.5 miles, including the final half-mile or so on pavement. Turney became the first to officially break the 10-minute downhill barrier on a wet, muddy day when no one else broke the 11-minute mark. The speedy descent vaulted him from 22nd place at the top of the mountain to ninth place at the finish line (total time: 48:45), giving him a record he has pursued since missing it by one second in his 2019 debut. "I really trust my feet," Turney said. "When I'm out training by myself, the downhill is exhilarating for me. I have a ton of fun doing it. Every time I'm in the mountains I run as fast

as I can on the downhills." On the list of the fastest Mount Marathon descents, Turney appears four times in the top five, with his 9:54 knocking Eric Strabel off the top of the list. (Strabel's wife, Denali, holds the women's fastest downhill of 11:27 from 2018.) Eric Strabel did the downhill in 10:00 in 2013, when he ran 42:55 to break Bill Spencer's revered course record of 43:23 from 1981. Split times only go back to 1989, so there is no official record for downhill times by Spencer and others who competed in the first six decades of Mount Marathon. Turney has been seeking a sub-10:00 ever since he paid \$1,600 at the 2019 bib auction and got his money's worth with a 10:01 downhill. Then came a 10:04 in 2021 and a 10:05 in 2022.

During those years Turney -- a Service High grad who ran for UAA -- switched careers from civil engineer to firefighter and had three kids with wife Kristyn. Through it all, he kept thinking about the 10-minute barrier. "Every year I thought it was possible, but there are so many variables — the condition of the mountain, the people around you," he said. "It felt special to get it. Going

under 10 minutes is a really cool marker, but like any athlete, at the end it felt super great but I knew there were little things I could improve." Taylor is an annual favorite for the Downhill Demon Award given to the fastest to plummet from the rock at Race Point to the finish line. For others in search of fast descents, Turney offers a couple of tips:

-- "I tell people that taking quicker, lighter steps is really important. Every time your foot touches the ground it sends a message to your brain about where you are and how you're doing and how comfortable you are. If you feel fear, you're not going to go faster, so if you increase your cadence you're giving your body more information to know where you are on the ground." -- "Airplane arms. They should come out wide for balance rather than keeping them at your sides." -- "Downhill is a skill where



Taylor Turney and family. (Photo courtesy of Turney family)

technique and practice matters a lot." Turney's next goal is to see how many times he can break the 10-minute mark. He wonders if a 9:30 is possible, but he knows it won't happen for him this year. In late May, he broke his shoulder when he tumbled and rolled into a boulder while teaching a downhill running course. And so thoughts of another sub-10:00 are on hold this year. Just getting to the start line will be an uphill battle for the downhill specialist.



Taylor Turney spreads his arms for balance en route to a 9:54 downhill in 2023. (Photo by Todd List)



JUNIOR GIRLS' ROSTER

BIB	NAME	AGE	HOMETOWN
1	Tania Boonstra	15-17	Kenai, AK
2	Rose Conway	15-17	Anchorage, AK
3	Wren Spangler	12-14	Palmer, AK
4	Olive Jordan	12-14	Seward, AK
5	Hannah Bodkin	15-17	Eagle River, AK
6	Aubrey Virgin	15-17	Palmer, AK
7	Addison Bailey	15-17	Anchorage, AK
8	Clara Sensabaugh	12-14	Palmer, AK
9	Hannah Shaha	15-17	Glendale, AZ
10	Gabby Kern	15-17	Anchorage, AK
11	Karley Tichenor	15-17	Palmer, AK
12	Rylee Ruggles	12-14	Eagle River, AK
13	Alise Elliott	15-17	Anchorage, AK
14	Ellie Abrahamson	15-17	Fairbanks, AK
15	Elliot Sensabaugh	15-17	Palmer, AK
16	Natalie Sieminski	15-17	Seward, AK
17	Sienna Himes	15-17	Chugiak, AK
18	Sadie Haas	12-14	Seward, AK
19	Selah Brueckner	15-17	Seward, AK
20	Audra Burrill	15-17	Eagle River, AK
21	Juniper Ingalls	15-17	Seward, AK
22	Brynn Rathert	15-17	Anchorage, AK
23	Nina Varnell	12-14	Anchorage, AK
24	Piper Sears	15-17	Anchorage, AK
25	Ada Burrup	15-17	Eagle River, AK
26	Greta Bochenek	15-17	Anchorage, AK
27	Greta Reese	15-17	Anchorage, AK
28	Maren Bickling	12-14	Seward, AK
29	Lucy Olson	12-14	Anchorage, AK
30	Grace Ann Fleming	15-17	Seward, AK
31	Jane Malouf	15-17	Anchorage, AK
32	Haley Finch	15-17	Anchorage, AK
33	Tui Stanbury	12-14	Anchorage, AK
34	Brianna Bailey	15-17	Anchorage, AK
35	Katie Van Buskirk	15-17	Seward, AK
36	Emersyn Knopp	12-14	Fairbanks, AK
37	Taylor Pennington	9-11	Palmer, AK
38	Kyla Palin	12-14	Homer, AK
39	Ruby Willman	12-14	Anchorage, AK
40	Ellie Stull	15-17	Anchorage, AK
41	Tirzah Brueckner	12-14	Seward, AK
42	Sylvie Kastning	12-14	Anchorage, AK
43	Tagan Rinner	15-17	Anchorage, AK
44	Svea Kastning	9-11	Anchorage, AK
45	Azalea Daugherty	15-17	Eagle River, AK
46	Kate Norvell	15-17	Seward, AK
47	Alivia Bailey	12-14	Anchorage, AK
48	Teresa Fallon	15-17	Kenai, AK
49	Rain Rubeo	9-11	Wasilla, AK
50	Adele Matthews	15-17	Anchorage, AK
51	Annabel Uffenbeck	12-14	Anchorage, AK
52	Ryah Thrall	12-14	Seward, AK
53	Claire Shaha	12-14	Eagle River, AK
54	Anna Burrup	15-17	Eagle River, AK
55	Brooklyn Mauger	12-14	Eagle River, AK
56	Brittan Nelson	15-17	Eagle River, AK
57	Aurora Johnson	12-14	Chugiak, AK
58	Annabelle Conant	9-11	Seward, AK
59	Lily Poray I	2-14	Eagle River, AK
60	Teagan Rude	15-17	Glennallen, AK
61	Sophie Novakovich	12-14	Anchorage, AK
62	Maeli Weaver	12-14	Anchorage, AK
63	Everly Elhard	9-11	Seward, AK
64	Cora Ellsworth	12-14	Dubuque, IA
65	Ellen Kruchoski	15-17	Eagle River, AK
66	Lucy Bamford	15-17	Seward, AK
67	Chloe Shaha	9-11	Eagle River, AK
68	Emily Anger	15-17	Seward, AK
69	Holly Rogness	15-17	Anchorage, AK
70	Allison Macy	15-17	Chugiak, AK
71	Lia Shank	15-17	Seward, AK
72	Alta Liljemark	12-14	Seward, AK
73	Kohl Lang	9-11	Eagle River, AK
74	Avery Newell	12-14	Eagle River, AK
75	Kylee Newman	9-11	Anchorage, AK
76	Olivia Thompson	15-17	Kremmling, CO
77	Adeleine Robson	12-14	Eagle River, AK
78	Brianna Gill Anderson	15-17	Anchorage, AK
79	Margaret Adams	15-17	Anchorage, AK
80	Amara Ransom	15-17	Seward, AK
81	Crimson Rose		
	Townsend	12-14	Chugiak, AK
82	Ava Moore-Smyth	15-17	Willow, AK
83	Swift Blackstock	15-17	Homer, OR
84	Kaebrii Weaver	15-17	Anchorage, AK
85	Emma Seavey	12-14	Seward, AK
86	Madeline Knolmayer	15-17	Wasilla, AK
87	Eden Rinner	15-17	Anchorage, AK
88	Payton Curtis	15-17	Anchorage, AK
89	Mia Moorman	12-14	Seldovia, AK
90	Freja Bardarson	9-11	Seward, AK
91	Hana Varnell	9-11	Anchorage, AK
92	Ellie Naber	9-11	Anchorage, AK
93	Annika Haussner	15-17	Anchorage, AK
94	Alana Varys	12-14	Wasilla, AK
95	Mackenzie Kogl	12-14	Valparaiso, IN
96	Mya Taylor	15-17	Cooper Landing, AK
97	Alyssa Holt	15-17	Eagle River, AK
98	Ayla Simonson	15-17	Silver Bay, MN
99	Payton Nelson	12-14	Eagle River, AK
100	Alice Robson	9-11	Eagle River, AK
101	Olivia Tidlow-Tranel	15-17	Yellowstone NP, WY
102	Kendall Humbert	9-11	Seward, AK
103	Harper Willman	15-17	Anchorage, AK
104	Canyon Townsend	15-17	Chugiak, AK
105	June Poray	9-11	Eagle River, AK
106	Evelyn Galloway	15-17	Eagle River, AK
107	Ellie Trevithick	9-11	Anchorage, AK
108	Taylor-Jane Ingalls	9-11	Seward, AK
109	Zoja Witczak	9-11	Palmer, AK
110	Kayla Schultze	15-17	Chugiak, AK
111	Jordan Hartman	15-17	Seward, AK

112	Bernadette Maixner	9-11	Big Lake, AK
113	Winter Shaw	15-17	Palmer, AK
114	Natalie Taylor	15-17	Anchorage, AK
115	Rosemary Maixner	12-14	Big Lake, AK
116	Molly Sullivan	12-14	Cooper Landing, AK
117	Monica Owens	9-11	Anchorage, AK
118	Rebecca Tyler	15-17	Girdwood, AK
119	Winter Wallace	12-14	Anchorage, AK
120	Elsie Conant	12-14	Seward, AK
121	Madalyn Miotke	15-17	Homer, AK
122	Melody Mleschnitza	12-14	Wasilla, AK
123	Kathryn Shaha	12-14	Eagle River, AK
124	Riley Carter	15-17	Citra, FL
125	Anya Simard	15-17	Fairbanks, AK
126	Rachel Taylor	12-14	Anchorage, AK
127	Lilian Coy	15-17	Anchorage, AK
128	Abigail Leathers	12-14	Anchorage, AK
129	Meadow Moore	12-14	Anchorage, AK
130	Hailee Stepetin	12-14	Eagle Rlver, AK
131	Peja Skinner	12-14	Anchorage, AK
132	Tess Budde	12-14	Eagle River, AK
133	Jazz Solstice	12-14	Anchorage, AK
134	Briony Stewart	12-14	Eagle River, AK
135	Iris Matthews	9-11	Anchorage, AK
136	Ramona Knier	9-11	Anchorage, AK
137	Calliope Huett	9-11	Seward, AK
138	Eva Driggs	9-11	Anchorage, AK
139	Arielle Rae Fleming	9-11	Seward, AK
140	Aspen Moore	9-11	Anchorage, AK
141	Charly Harper	9-11	Arroyo Grande, CA
142	Cora Seavey	9-11	Seward, AK
143	Aly Andersen	9-11	Anchorage, AK
144	Eliza Heimerl	9-11	Anchorage, AK
145	Emery Schofield	9-11	Eagle River, AK
146	Stella Schwartz	9-11	Eagle River, AK

JUNIOR BOYS' ROSTER

BIB	NAME	AGE	HOMETOWN
201	Coby Marvin	15-17	Palmer, AK
202	Vebjorn Flagstad	15-17	Anchorage, AK
203	Hatcher Menkens	15-17	Anchorage, AK
204	Raven Spangler	15-17	Palmer, AK
205	Blaze Rubeo	12-14	Wasilla, AK
206	Corbin Wilson	15-17	Palmer, AK
207	Teigan Copp	15-17	Palmer, AK
208	Robbie Annett	15-17	Anchorage, AK
209	Jaxon Henrie	15-17	Anchorage, AK
210	Logan Cartwright	15-17	Kasilof, AK
211	Gus Olson	15-17	Anchorage, AK
212	Micah King	12-14	Bend, OR
213	Aiden Lawson	15-17	Eagle River, AK
214	Jacob Strausbaugh	15-17	Soldotna, AK
215	Aksel Flagstad	12-14	Anchorage, AK
216	Storm Rubeo	12-14	Wasilla, AK
217	Jebediah Marvin	15-17	Palmer, AK
218	Logan Cuddy	15-17	Anchorage, AK
219	Zachary Taylor	15-17	Anchorage, AK
220	Marcus Walsted	15-17	Anchorage, AK
221	Oliver Casurella	15-17	Anchorage, AK
222	Zion Tichenor	12-14	Palmer, AK
223	Mason Newell	15-17	Eagle River, AK
224	Kohen Galloway	15-17	Eagle River, AK
225	Ridge Conant	15-17	Seward, AK
226	Luke Elhard	12-14	Seward, AK
227	River Johnson	15-17	Chugiak, AK
228	Gabe Black	15-17	Palmer, AK
229	Logan Fellman	15-17	Juneau, AK
230	Cedar Ruckel	15-17	Indian, AK
231	Mason Elhard	15-17	Seward, AK
232	Austin Murphy	15-17	Bird Creek, AK
233	Easton Roads	15-17	Anchorage, AK
234	Ole Reese	12-14	Anchorage, AK
235	Elias Williams	12-14	Anchorage, AK
236	Braxton Thornley	15-17	Anchorage, AK
237	Isaac Marvin	12-14	Palmer, AK
238	Ice Rubeo	9-11	Wasilla, AK
239	Creed Cvancara	15-17	Anchorage, AK
240	Axel Kiskaddon	15-17	Anchorage, AK
241	Logan Williams	12-14	Anchorage, AK
242	Alex Casurella	12-14	Anchorage, AK
243	Jaxon Murphy	15-17	Anchorage, AK
244	Quinn Humbert	12-14	Seward, AK
245	Landon Bobo	15-17	Chugiak, AK
246	Corbin Reitmeier	15-17	Anchorage, AK
247	Kai Reed	15-17	Seward, AK
248	Fenn Reese	12-14	Anchorage, AK
249	Harlow Wilson	12-14	Palmer, AK
250	Elliott Beals	15-17	Anchorage, AK
251	Hunter Forshee-Kurtz	15-17	Seward, AK
252	Keenan Berrigan	15-17	Palmer, AK
253	Olin Liljemark	15-17	Seward, AK
254	Barret Malouf	15-17	Anchorage, AK
255	Logan Johnson	12-14	Seward, AK
256	Aidan Schilling	15-17	Seward, AK
257	Britton Bethard	15-17	Anchorage, AK
258	Jake Black	12-14	Palmer, AK
259	Tyson Ruckel	12-14	Indian, AK



260	Merik Rinner	12-14	Anchorage, AK
261	Reyce Lee	9-11	Anchorage, AK
262	Luke Owens	15-17	Anchorage, AK
263	Ian Naylor	15-17	Palmer, AK
264	Cody Lloyd	9-11	Ketchum, ID
265	Micah Brueckner	15-17	Seward, AK
266	Henry Zidek	15-17	Anchorage, AK
267	Nash Smedley	12-14	Eagle River, AK
268	Victor Sparrs	9-11	Palmer, AK
269	Thijs Lloyd	12-14	Ketchum, ID
270	Russell Adams	12-14	Anchorage, AK
271	Breyden Nottingham	12-14	Eagle River, AK
272	Lane Petersen	15-17	Seward, AK
273	Van Shank	15-17	Seward, AK
274	Kelton Reed	9-11	Seward, AK
275	Rhett Jones	15-17	Monument, CO
276	Elijah Lang	12-14	Eagle River, AK
277	Nathan Reitmeier	15-17	Anchorage, AK
278	Dane Sieminski	12-14	Seward, AK
279	Johnny Stull	15-17	Anchorage, AK
280	Holden Aquino	12-14	Anchorage, AK
281	Kai Finch	12-14	Anchorage, AK
282	Brayden Sparrs	15-17	Palmer, AK
283	Conrad Daugherty	12-14	Eagle River, AK
284	Ryan Annett	12-14	Anchorage, AK
285	Kai Waltenbaugh	15-17	Homer, AK
286	Parker Hadley	12-14	Eagle River, AK
287	Charles Daugherty	12-14	Eagle River, AK
288	Banyan Smyth	12-14	Willow, AK
289	Lewis Knier	12-14	Anchorage, AK
290	Taysom Weaver	9-11	Anchorage, AK
291	Aaron Mehl	15-17	Eagle River, AK
292	Patrick McSharry	15-17	Anchorage, AK
293	Vendelin Maixner	9-11	Big Lake, AK
294	Andrew Mehl	12-14	Eagle River, AK
295	Payden Henrie	12-14	Anchorage, AK
296	Austin Merriner	12-14	Anchorage, AK
297	Jack Whittingham	15-17	Anchorage, AK
298	Alexander Green	15-17	Anchorage, AK
299	Nathan Momblow	15-17	Eagle River, AK
300	Tucker Whittingham	12-14	Anchorage, AK
301	Martin Fink	15-17	Seward, AK
302	Nick Fleming	12-14	Seward, AK
303	Jesse Dickson	12-14	Palmer, AK
304	Nicholas Petrosius	15-17	Seward, AK
305	Owen Wooller	15-17	Fairbanks, AK
306	Derrian		
	Crenshaw/Carpenter	12-14	Peyton, CO
307	Alex Burrill	9-11	Eagle River, AK
308	Legend Kopsack	15-17	Palmer, AK
309	River Jackson	9-11	Seward, AK
310	Jack DeKay	12-14	Eagle River, AK
311	Cason Thrall	9-11	Seward, AK
312	Austin Mehl	12-14	Eagle River, AK
313	Miles Hadley	12-14	Eagle River, AK
314	Hunter Smith	12-14	Seward, AK
315	Charles Moore	12-14	Kasilof, AK
316	Bryson Adkins	9-11	Eagle River, AK
317	Theodore Stamoolis	15-17	Wasilla, AK
318	Adam Mehl	9-11	Eagle River, AK
319	Julian Salao	9-11	Anchorage, AK
320	PJ Bragonier	15-17	Ester, AK
321	Brody Jorgensen	15-17	Palmer, AK
322	Nathen Lawson	15-17	Eagle River, AK
323	Eli Cage	12-14	Trinity, FL
324	Wyatt Barlow	12-14	New Port Richey, FL
325	Nash Paprocki	12-14	Anchorage, AK
326	Matthew Moore	9-11	Kasilof, AK
327	Jake Keener	12-14	Palmer, AK
328	Tate Skinner	12-14	Anchorage, AK
329	Leif Stanbury	9-11	Anchorage, AK
330	Titus Sullivan	9-11	Cooper Landing, AK
331	Clark Brownson	9-11	Anchorage, AK
332	Carson Leppert	15-17	Colorado Springs, CO
333	Maxwell Jones	12-14	Anchorage, AK
334	Easton Hadley	9-11	Eagle River, AK
335	Joshua Varland	12-14	Palmer, AK
336	Leif Laker	12-14	Kasilof, AK
337	Mark Ransom	12-14	Seward, AK
338	Thale Randall	12-14	Willow, AK
339	Gus Reimer	9-11	Anchorage, AK
340	Vanin Sensabaugh	9-11	Palmer, AK
341	Oliver Banse	9-11	Seward, AK
342	Titus Bird	9-11	Seward, AK
343	David Taylor	9-11	Anchorage, AK
344	Ethan Wright	9-11	Eagle River, AK
345	Bensen Sensabaugh	9-11	Palmer, AK
346	Kanon Galloway	9-11	Eagle River, AK
347	Silas Pastorek	9-11	Anchorage, AK
348	Shiloh Schulman	9-11	Anchorage, AK
349	Thorsten Simpson	9-11	Seward, AK
350	Aidan Knapp	15-17	San Jose, CA



MEN'S ROSTER WAVE ONE			
BIB	NAME	AGE	HOMETOWN
1	David Norris	30-39	Steamboat Springs, CO
2	Darren Thomas	30-39	Reno, NV
3	Lars Arneson	30-39	Anchorage, AK
4	Michael Earnhart	18-29	Eagle River, AK
5	Lyon Kopsack	18-29	Palmer, AK
6	Max King	40-49	Bend, OR
7	Tracen Knopp	18-29	Palmer, AK
9	Taylor Turney	18-29	Anchorage, AK
10	Zack Bursell	30-39	Juneau, AK
11	Benjamin Marvin	40-49	Palmer, AK
12	Kenneth Brewer	30-39	Fairbanks, AK
13	Michael Connelly	18-29	Chugiak, AK
14	Galen Hecht	18-29	Anchorage, AK
15	Kurtis Brumbaugh	18-29	Anchorage, AK
16	Christopher Kirk	18-29	St. George, UT
17	Erik Johnson	40-49	Seward, AK
18	Pyper Dixon	30-39	Seward, AK
19	Ryan Cox	30-39	Anchorage, AK
20	Jessie McAuley	18-29	Squamish, BC, CAN
21	Eric Strabel	40-49	Palmer, AK
22	Ali Papillon	18-29	Manitou Springs, CO
23	Bodhi Gross	18-29	Manitou Springs, CO
24	Joshuah Taylor	18-29	Wasilla, AK
25	Gabe Martin	18-29	Anchorage, AK
26	Chad Trammell	40-49	Anchorage, AK
27	Cole Nash	18-29	Anchorage, AK
28	Christopher Brenk	18-29	Sitka, AK
29	William Zenker	30-39	Anchorage, AK
30	Conor Deal	30-39	Anchorage, AK
31	John Novak	30-39	Anchorage, AK
32	Hunter Burns	18-29	North Sutton, NH
33	James Carlberg	30-39	Seward, AK
34	Jeret Gillingham	18-29	Bellingham, WA
35	Jeffrey Stern	30-39	Mill Valley, CA
36	Daniel Kane	30-39	Anchorage, AK
38	Matias Saari	50-59	Anchorage, AK
39	Patrick Conway	40-49	Anchorage, AK
40	Tom Ritchie	50-59	Anchorage, AK
41	Nick Snow	18-29	Anchorage, AK
42	Jimmy Sliwa	30-39	Palmer, AK
43	Ethan Eski	18-29	Anchorage, AK
44	William Mans	18-29	Anchorage, AK
45	Brady Burrough	18-29	Anchorage, AK
46	Brian Kirchner	30-39	Anchorage, AK
47	Paul Hlasny	18-29	Anchorage, AK
48	Max Kiskaddon	18-29	Anchorage, AK
49	Zachary Hartmann	30-39	Anchorage, AK
50	Charles DiMarzio	40-49	Seward, AK
51	Ryan Beckett	30-39	Anchorage, AK
52	Tor Christopherson	40-49	Anchorage, AK
53	Jeffrey Levin	30-39	Anchorage, AK
54	Blake Hanley	18-29	Anchorage, AK
55	Owen Young	18-29	Anchorage, AK
56	Brad Benter	50-59	Anchorage, AK
57	Craig Taylor	40-49	Eagle River, AK
58	Joshua Thomas	40-49	Seward, AK
59	Elias Johnson	18-29	Chugiak, AK
60	Jacob Kirk	30-39	Anchorage, AK
61	Jacob Streich	40-49	Spokane, WA
62	Trevor Kreznar	30-39	Seward, AK
63	Alex Alonso	50-59	Eagle River, AK
64	Samuel Adams	30-39	Soldotna, AK
65	Forrest Mahlen	30-39	Anchorage, AK
66	Eric Vilce	30-39	Anchorage, AK
67	John Pahkala	30-39	Anchorage, AK
68	Allan Spangler	30-39	Anchorage, AK
69	Collin Atkinson	30-39	Seward, AK
70	Clay Roberts	30-39	Cantwell, AK
71	Thomas Snyder	30-39	Seward, AK
72	Jared Kirkham	40-49	Anchorage, AK
73	Joe Engel	30-39	Anchorage, AK
74	Andrew Baalerud	40-49	Eagle River, AK
75	James Miller	40-49	Anchorage, AK
76	Darin Markwardt	40-49	Wasilla, AK
77	Isaac Bertschi	50-59	Anchorage, AK
78	Luke Duffy	40-49	Anchorage, AK
79	Mike Wahlig	40-49	Anchorage, AK
80	Brandon Rinner	40-49	Anchorage, AK
81	Brett Ekstrand	30-39	Anchorage, AK
82	Bjorn Nilsson	18-29	Seward, AK
83	Barney Griffith	60-69	Anchorage, AK
84	Derek Nottingham	40-49	Eagle River, AK
85	Paul Butera	18-29	Anchorage, AK
86	Willie Stoll	40-49	Anchorage, AK
87	Matthew Novakovich	50-59	Anchorage, AK
88	Mike Heatwole	50-59	Anchorage, AK
89	Jack Delaney	30-39	Anchorage, AK
90	Steven Pavek	30-39	Anchorage, AK
91	Trent Lafleur	40-49	Seward, AK
92	Alex Youngmun	30-39	Anchorage, AK
93	Mark Brady	40-49	Anchorage, AK
94	Corey Kline	40-49	Boulder, CO
95	Shawn Erchinger	50-59	Colorado Springs, CO
96	Connor Curley	30-39	Soda Springs, CA
97	Rocky Elhard	40-49	Seward, AK
98	Brian Boyle	30-39	Boston, MA
100	Cameron Reitmeier	40-49	Anchorage, AK
101	Jacob Thompson	30-39	Anchorage, AK
102	Scott Talbert	40-49	NE Salem, OR
103	Dorian Gross	40-49	Manitou Springs, CO
104	Erik Mundahl	30-39	Eagle River, AK
105	Zachary Cheyette	18-29	Palmer, AK
106	Aidan Houser	18-29	Palmer, AK
107	Miles Numme-Worrell	18-29	Anchorage, AK
108	Rowan Robinson	18-29	Anchorage, AK
109	Corbyn Jahn	30-39	Anchorage, AK
111	Franklin Dekker	30-39	Anchorage, AK
112	Peter Mortimer	40-49	Flagstaff, AZ
113	Davenn Mannix	30-39	Austin, TX

114	Andrew Wise	18-29	Denver, CO
115	Harlow Robinson	50-59	Anchorage, AK
116	David Popiel	40-49	Anchorage, AK
117	Sean Ulman	40-49	Seward, AK
118	Dylan Gillespie	18-29	Seward, AK
119	Carson Reed	18-29	Wasilla, AK
120	Noel Nocas	30-39	Anchorage, AK
121	Kevin Rosenkranz	30-39	Flagstaff, AZ
122	Matthew Matera	30-39	Newport Beach, CA
123	Mackie Derrick	40-49	Anchorage, AK
124	Alexander Stone	30-39	Kenai, AK

MEN'S ROSTER WAVE TWO			
BIB	NAME	AGE	HOMETOWN
202	Brian Haviland	40-49	Anchorage, AK
203	Zachary Gibson	40-49	Eagle River, AK
204	Andrew Duenow	50-59	Anchorage, AK
205	Jim McDonough	50-59	Anchorage, AK
206	Brad Coy	40-49	Anchorage, AK
207	Joseph Nyholm	30-39	Seward, AK
208	Gunner Bahn	30-39	Anchorage, AK
209	Daryll Vispo	30-39	Anchorage, AK
210	Ian Autrey	40-49	Anchorage, AK
211	Thomas Nenahlo	30-39	Anchorage, AK
212	Logan Schulz	30-39	Anchorage, AK
213	Jason Leslie	40-49	Seward, AK
214	Karl Romig	60-69	Cooper Landing, AK
215	Alexander Woody	30-39	Anchorage, AK
216	Thomas Schultz	30-39	Anchorage, AK
217	Benjamin Uffenbeck	40-49	Anchorage, AK
218	Marten Martensen	50-59	Anchorage, AK
219	Clint Mccool	60-69	Anchorage, AK
220	Michael Quimby	40-49	Eagle River, AK
221	Shayne Wescott	30-39	Anchorage, AK
222	Ben Martensen	18-29	Anchorage, AK
223	Sebastian Kogl	18-29	Valparaiso, IN
224	Jeremy Hoagland	40-49	Wasilla, AK
225	Brian Pautzke	40-49	Girdwood, AK
226	Shawn Naber	40-49	Anchorage, AK
227	Lance Kopsack	50-59	Palmer, AK
228	John Clark	50-59	Palmer, AK
229	Robert Hixon	30-39	Chugiak, AK
230	Casey Volk	30-39	Eagle River, AK
231	Aaron Dickson	30-39	Palmer, AK
232	John Heimerl	40-49	Anchorage, AK
233	Scott Gage	50-59	Anchorage, AK
234	Jacob Case	40-49	Fairbanks, AK
235	Mike Kramer	50-59	Talkeetna, AK
236	James Murray	60-69	Wasilla, AK
237	Mark Fineman	50-59	Anchorage, AK
238	John Kogl	50-59	Valparaiso, IN
239	Michael Rubeo	30-39	Wasilla, AK
240	Stephen Mayer	50-59	Anchorage, AK
241	Brian Fish	50-59	Palmer, AK
242	David Peterson	30-39	Anchorage, AK
243	David Owens	50-59	Eagle River, AK
244	Bryan Templeman	50-59	Anchorage, AK
245	Patrick Stinson	40-49	Anchorage, AK
246	Brede Emtman	50-59	Eagle River, AK
247	Neil Lamothe	60-69	Anchorage, AK
248	Bryan Hardy	40-49	Anchorage, AK
249	Alec Kay	50-59	Anchorage, AK
250	Samuel Young	60-69	Seward, AK
251	Keith Weinhold	50-59	Anchorage, AK
252	Noah Zogas	40-49	Anchorage, AK
253	Michael Tranel	60-69	Yellowstone NP, WY
254	Kevin Lauver	60-69	Soldotna, AK
255	Patrick Lewis	30-39	Seward, AK
256	Gideon Schrock	18-29	Seward, AK
257	Oles Witczak	18-29	Palmer, AK
258	Zac Buckbee	18-29	Soldotna, AK
259	Julio Ramirez	18-29	Anchorage, AK
260	Zachary Crawford	18-29	Anchorage, AK
261	Evan Jones	40-49	Monument, CO
262	Russell Storjohann	50-59	Anchorage, AK
263	Michael Stephan	30-39	Simi Valley, CA
264	Ed Leonetti	40-49	Anchorage, AK
265	William Johnson	30-39	Anchorage, AK
266	Quinn Carroll	18-29	Anchorage, AK
267	Hughie Barnett	30-39	Anchorage, AK
268	Todd Stull	40-49	Anchorage, AK
269	Connor Sperry	30-39	Mesa, AZ
270	Tyler Johnson	50-59	Nome, AK
271	Christopher Peterson	30-39	Windsor, CO
272	David Aquino	70-79	Anchorage, AK
273	Steve Gilles	60-69	Indian, AK
274	Joey Klecka	30-39	Anchorage, AK
275	Bill Spencer	60-69	Anchorage, AK
276	Walter Moore	30-39	Kasilof, AK
277	Kyle Kelley	50-59	Girdwood, AK
278	Michael Lucas	60-69	Anchorage, AK
279	Everett Billingslea	60-69	Seattle, WA
280	Flip Foldager	60-69	Hope, AK
281	Braun Kopsack	60-69	Palmer, AK
282	Cody Leppert	18-29	Colorado Springs, CO
283	Bret Connor	40-49	Anchorage, AK
284	Peter McEnaney	50-59	Eagle River, AK
285	Kerry Klauder	30-39	Anchorage, AK
286	Kris Burnett	50-59	Anchorage, AK
287	James Schloemer	30-39	North Bend, WA
288	Cory Leppert	40-49	Colorado Springs, CO
289	Tristan Denny	18-29	Palmer, AK
290	Kegan Storjohann	30-39	Phoenix, AZ
291	Breck Stewart	30-39	Waterbury, VT
292	William Serra	40-49	Anchorage, AK
293	Jonathan Burgess	18-29	Anchorage, AK
294	Rob Witter	50-59	Anchorage, AK
295	Greg Roads	40-49	Anchorage, AK
296	Dean Denter	50-59	Eagle River, AK
297	Thomas Moon	40-49	Trail, CA
298	Dylan Lauwers	30-39	Anchorage, AK
299	Eric Mortensen	30-39	Anchorage, AK

301	James Pyke	30-39	Kalispell, MT
303	Travis Porter	30-39	Wasilla, AK
304	Colin Hunsberger	30-39	Palmer, AK
305	Michael Cunningham	30-39	Longmont, CO
306	Cam Stones	30-39	Anchorage, AK
307	Michael Ulroan	30-39	Anchorage, AK
308	Ethan Copp	18-29	Palmer, AK
309	Yogendra Kumar Paul Pandi	30-39	Carlisle, PA
310	Edward Wilson	30-39	Palmer, AK
311	Coty Beck	30-39	Seward, AK
312	Jacob Whipple	18-29	Palmer, AK
313	Christopher Bair	30-39	Colorado Springs, CO
314	Lucas Olive	40-49	Bend, OR
315	Jason Gilbert	40-49	Kenai, AK
316	Alan Padgett	18-29	Anchorage, AK
317	Mark Chapman	30-39	Helena, MT
318	Jake Malanaphy	30-39	Anchorage, AK
319	Dax Lauwers	30-39	Anchorage, AK
320	Matt Olding	60-69	Moab, UT
321	Ryan Toney	18-29	Oslo, Norway
322	Steve Fink	50-59	Seward, AK
323	Heath McTee (Non-binary)	30-39	Tyler, TX
324	Camilo Brockman	30-39	Anchorage, AK
325	Joshua Cronin	40-49	Independence, OR
326	Patrick Claybaugh	30-39	Belle Vernon, PA
327	Alexander Pahno	18-29	Seward, AK

MEN'S ROSTER WAVE THREE			
BIB	NAME	AGE	HOMETOWN
401	David Rebischke	70-79	Anchorage, AK
402	Brian Stoecker	60-69	Anchorage, AK
403	DuWayne Ruzicka	60-69	Anchorage, AK
404	Jason Moore	40-49	Anchorage, AK
405	Steve Carroll	60-69	Anchorage, AK
406	Solomon D' Amico	40-49	Seward, AK
407	Justin Smole	30-39	Anchorage, AK
408	Mark Jacobsen	60-69	Anchorage, AK
409	Jesse Brady	30-39	Anchorage, AK
410	Leroy Manivong	30-39	Austin, TX
411	David M Lorring	40-49	Soldotna, AK
412	John Browne	50-59	Anchorage, AK
413	Terry Hubler	70-79	Caldwell, ID
414	Fred Moore	80-89	Seward, AK
415	Timothy Branson	60-69	La Habra, CA
416	Gregory Lincoln	50-59	Bethel, AK
417	Ron Nelson	50-59	Seattle, WA
418	Evan Steinhauser	60-69	Eagle River, AK
419	Bruce Davison	70-79	Anchorage, AK
420	Roger Kemppe	80-89	Anchorage, AK
421	Paul Pedersen	60-69	Soldotna, AK
422	Christopher Booth	40-49	Burnsville, MN
423	James Conley	60-69	Chugiak, AK
424	Corbin Stirling	40-49	Seward, AK
425	John Burns	40-49	Anchorage, AK
426	Chad Resari	80-89	Anchorage, AK
427	Todd Brownson	40-49	Anchorage, AK
428	Robert Bernardi	30-39	Seward, AK
429	Tim Dion	30-39	Vail, AZ
430	Clarence Pautzke	70-79	Anchorage, AK
431	Paul Gionet	60-69	Anchorage, AK
432	Mark Tuovinen	60-69	Anchorage, AK
433	William Thompson	70-79	St Helena, CA
434	Timothy Garbe	50-59	Eagle River, AK
435	Chester Showalter	60-69	Palmer, AK
436	Rennick Heatwole	18-29	Anchorage, AK
437	Kevin Peterson	60-69	Wasilla, AK
438	Michael Squires	60-69	Anchorage, AK
440	Tab Ballantine	60-69	Anchorage, AK
441	Douglas Wight	70-79	St. Petersburg, FL
442	Matthew Rose	50-59	Pahoa, HI
443	Fred West	50-59	Anchorage, AK
444	Gunner Hodgson	30-39	Palmer, AK
445	Steven Jones	50-59	Anchorage, AK
446	Joe Burton	50-59	Los Gatos, CA
447	Dylan Garbe	18-29	Eagle River, AK
448	Steve McKeever	70-79	Anchorage, AK
449	Mike Beiergrohlslein	40-49	Eagle River, AK
450	Nathan Grilliot	30-39	Wasilla, AK



MICK DEES



MEN'S WAVE 3 CONTINUED			
BIB	NAME	AGE	HOMETOWN
451	Brian Burns	40-49	Homer, AK
452	Norman		
	Anthony Adams	50-59	Eagle River, AK
453	James Fischer	40-49	Anchorage, AK
454	Brian Hartvigson	40-49	Issaquah, WA
455	Oliver Wright	18-29	Anchorage, AK
456	Jeremiah		
	Booth-Cordero	18-29	Anchorage, AK
457	Steven MacSwain	50-59	Anchorage, AK
459	Nuuese Talamoni	18-29	Anchorage, AK
460	David Mayer	50-59	Palmer, AK
461	Kevin Murphy	60-69	Forestville, CA
462	Justin Lieber	18-29	Thompsons Station, TN
464	Kenneth Matthews	40-49	Anchorage, AK
465	Fabio Rozo	50-59	Farmington, MN
466	Chris Layfield	50-59	Anchorage, AK
467	John Fick	60-69	Anchorage, AK
468	Steven Pence	30-39	Anchorage, AK
469	Bruce Wollison	60-69	Durango, CO
470	Jeremy Berry	50-59	Des Moines, WA
471	Nathan Pitney	40-49	Palmer, AK
472	Alex Beane	30-39	Seward, AK
473	Nick Tabaczka	40-49	Anchorage, AK
474	Andrew Shields	30-39	Salem, UT
475	Wes Barlow	50-59	New Port Richey, FL
476	Geoffrey Agmata	40-49	Anchorage, AK
477	Shawn Bell	40-49	Renton, WA
478	James Green	50-59	Piedmont, SC
479	Jeff Privett	40-49	Eagle River, AK
480	Daniel Nelson	40-49	Fairbanks, AK
481	Cade Kohler	18-29	Chugiak, AK
482	Carl Shotwell	30-39	Cleveland, OH
483	Burt Spence	40-49	Eagle River, AK
484	Josh Jacko	50-59	Anchorage, AK
485	Victor Wisel	30-39	Fairbanks, AK
486	Daniel Chen	40-49	Champaign, IL
488	Jared Roberts	30-39	Eagle River, AK
489	Taylor Cline	18-29	Seward, AK
490	Anthony Schnese	30-39	Anchorage, AK
491	Andrew Lane	40-49	Redmond, CA
492	Curtis Townsend	40-49	Chugiak, AK
493	Jeremy Collier	40-49	Logan, UT
494	Sepp Olson	18-29	Anchorage, AK
495	Carl Bassler	60-69	Anchorage, AK
497	Matt Flood	30-39	Lewisburg, WV
499	Justin Skavery	30-39	Mount Carmel, PA
500	Richard Green	18-29	Ray, ND
501	Jake Kueber	30-39	Anchorage, AK
502	Phillip Nisbett	40-49	Palmer, AK
503	Kennaty Kerley	40-49	Soldotna, AK
504	Joseph Ward	30-39	Anchorage, AK
505	Finley Bold	18-29	Anchorage, AK
506	Gregory DuBois	60-69	Anchorage, AK
507	Klaus Hanley	18-29	Anchorage, AK
508	Jacob Burns	30-39	Fort Wainwright, AK
509	Christopher Kemp	18-29	Wasilla, AK
510	Tanner Fields	40-49	San Angelo, TX
511	Lee Sexton	30-39	Cheyenne, WY
512	Marshall Carlyle	30-39	Palmer, AK
513	Patrick FitzGerald	30-39	Anchorage, AK
514	James Batman	18-29	Anchorage, AK
515	Stephen Kaplan	40-49	Anchorage, AK
516	Joseph Robertson	18-29	Denver, CO
517	Cayden Glandt	18-29	Seward, NE
518	Quintin Bates	18-29	Anchorage, AK
519	Jack Moody	18-29	Anchorage, AK
520	Timothy Jagielski	30-39	Seward, AK
521	Devin Berg	18-29	Palmer, AK
522	Seth Prigge	18-29	Seward, AK
523	Jacob Schmall	18-29	Chugiak, AK
524	Rhett Brown	40-49	Anchorage, AK
525	Wayland Hunter	18-29	Anchorage, AK
526	Nicholas Gremley	30-39	Palmer, AK
527	Derek McDaniel	40-49	Anchor Point, AK
528	Daniel Taylor	40-49	Anchorage, AK



WOMEN'S ROSTER  
WAVE ONE

BIB	NAME	AGE	HOMETOWN
1	Christy Marvin	40-49	Palmer, AK
2	Meg Inokuma	40-49	Palmer, AK
3	Denali Strabel	30-39	Palmer, AK
4	Klaire Rhodes	18-29	Anchorage, AK
5	Sophie Wright	18-29	Anchorage, AK
6	Julianne Dickerson	30-39	Anchorage, AK
7	April McAnly	40-49	Eagle River, AK
8	Annie Connelly	18-29	Chugiak, AK
9	Taylor Deal	30-39	Anchorage, AK
10	Lucy Young	18-29	Anchorage, AK
11	Hannah Lafleur	30-39	Seward, AK
12	Amy De Schweinitz	40-49	Anchorage, AK
13	Katey Houser	18-29	Palmer, AK
14	Viviana Mina	30-39	Eagle River, AK
15	Jennifer Sandvik	50-59	Eagle River, AK
16	Kinsey Loan	30-39	Eagle River, AK
17	Hannah Lies	18-29	Salt Lake City, UT
18	Jessica Yeaton	30-39	Steamboat Springs, CO
19	Kendall Kramer	18-29	Fairbanks, AK
20	Carly Venzke	18-29	Palmer, AK
21	Erica Dye	30-39	Anchorage, AK
22	Mary Reinbold	18-29	Anchorage, AK
23	Lauren Fritz	30-39	Girdwood, AK
24	Nowelle Spencer	18-29	Anchorage, AK
25	Sarah Cosgrave	18-29	Anchorage, AK
26	Sarah Haubert	30-39	Ouray, CO
27	Rosie Fordham	18-29	Fairbanks, AK
28	Maggie Cvancara	18-29	Anchorage, AK
29	Megan Neale	18-29	Anchorage, AK
30	Claire Nelson	18-29	Eagle River, AK
31	Lauren Spinelli	40-49	Anchorage, AK
32	Elizabeth Ruimveld	30-39	Wasilla, AK
33	Lisa Anglen	40-49	Anchorage, AK
34	Katie Sela	30-39	Seward, AK
35	Charity Duley	40-49	Anchorage, AK
36	Milissa Lewis	30-39	Seward, AK
37	Sabrina Farmer	18-29	Anchorage, AK
38	Jocelyn Kopsack	18-29	Palmer, AK
39	Laura Tuttle	30-39	Anchorage, AK
40	Cecelia Nocas	30-39	Anchorage, AK
41	Tara Swanson	30-39	Seward, AK
42	Jayna Boonstra	18-29	Kenai, AK
43	Kristen Sieminski	40-49	Seward, AK
44	Delainey Zock	18-29	Anchorage, AK
45	Najeby Quinn	40-49	Anchorage, AK
46	Cara Wallschlaeger	30-39	Seward, AK
47	Alyse Loran	30-39	Anchorage, AK
48	Sarah Thomas	40-49	Eagle River, AK
49	Shelby Sieminski	18-29	Seward, AK
50	Cassandra Delgado	30-39	Seward, AK
51	Amelia Fraser	30-39	Whitehorse, Yukon, CAN
52	Jessica Pahkala	18-29	Anchorage, AK
53	Sarah Freistone	30-39	Anchorage, AK
54	Carrie Koso	30-39	Wasilla, AK
55	Amber McDonough	40-49	Anchorage, AK
56	Jillian Gavalya	18-29	Chugiak, AK
57	Shauna Severson	30-39	Eagle River, AK
58	Megan Murphy	30-39	Anchorage, AK
59	Angela DiBerardino	40-49	Anchorage, AK
60	Ashton LeKites	18-29	Eagle River, AK
61	Katie Conway	40-49	Anchorage, AK
62	Campbell Peterson	18-29	Eagle River, AK
63	Danielle Varney	40-49	Anchorage, AK
64	Erin Henderson	30-39	Whitehorse, Yukon, CAN
65	Alina Rice	40-49	Palmer, AK
66	Rachel Dow	40-49	Seward, AK
67	Stephanie Wright	30-39	Seward, AK
68	Michelle Richards	50-59	Palmer, AK
69	Samantha Case	30-39	Seward, AK
70	Zoe Hickel	30-39	Anchorage, AK
71	Sofija Spaic	18-29	Palmer, AK
72	Kimberly Riggs	40-49	Anchorage, AK
73	Karina Packer	30-39	Anchorage, AK
74	Karol Fink	50-59	Anchorage, AK
75	Shelby Dykstra	30-39	Kasilof, AK
76	Tatjana Spaic	18-29	Palmer, AK
77	Megan Cooke	30-39	Nederland, CO
78	Jessica Davis	30-39	Wasilla, AK
79	Zoe Chang	18-29	Anchorage, AK
80	Jana Seaman	40-49	Anchorage, AK
81	Amy Harper	40-49	Arroyo Grande, CA
82	Dreanna Owens	18-29	Eagle River, AK
83	Ivy Bowler	30-39	Anchorage, AK
84	Teresa Comer	40-49	Eagle River, AK
85	Heidi Sinclair	40-49	Seward, AK
86	Tasha Folsom	40-49	Sitka, AK
87	Isabel Barnwell	18-29	Seward, AK
88	Lauren Dorris	18-29	Anchorage, AK
89	Kathleen Sorensen	30-39	Seward, AK
90	Teresa Russell	50-59	Eagle River, AK
91	Kelly Ann Cavaretta	30-39	Seward, AK
92	Christie Hauptert	40-49	Anchorage, AK
93	Justine Reese	40-49	Wasilla, AK
94	Elizabeth Hooper	50-59	Anchorage, AK
95	Caitlin Gohr	18-29	Anchorage, AK
96	Kim Kersten	40-49	Anchorage, AK
97	Trish Kopp	50-59	Anchorage, AK
98	Verena Gill	50-59	Anchorage, AK
99	Maddie Schuh	18-29	Anchorage, AK
100	Skyler Belmear	18-29	Eagle River, AK
101	Emily Moore	18-29	Eagle River, AK
103	Hannah Ingram	18-29	Anchorage, AK
104	Tekla Seavey	30-39	Seward, AK
105	Sheryl Loan	60-69	Eagle River, AK
106	Sarah Lucas	18-29	Anchorage, AK
107	Grace Fritzel	18-29	Anchorage, AK
108	Annika Nilsson	18-29	Seward, AK
109	Tiffanie Bird	40-49	Anchorage, AK
110	Kristen Peters	30-39	Eagle River, AK

111	Hailey Ingalls	18-29	Seward, AK
112	Alice Curley	30-39	Soda Springs, CA
113	Kaylee Wilcox	18-29	Anchorage, AK
114	Gail Taylor	50-59	Wasilla, AK
115	Kat Power	30-39	Anchorage, AK
116	Christine Soskins	40-49	Tacoma, WA
117	Mamie Clare	30-39	Anchorage, AK
118	Emma Bramley	18-29	Durham, UK
119	Leah Besh	30-39	Anchorage, AK
120	Ashley Engel	30-39	Anchorage, AK

WOMEN'S ROSTER  
WAVE TWO

BIB	NAME	AGE	HOMETOWN
201	Heidi Conway	50-59	Anchorage, AK
202	Leah Legate	50-59	Anchorage, AK
204	Gina Valdes	30-39	Anchorage, AK
205	Marcelle Roemmich	30-39	Seward, AK
206	Addison Capozzi	18-29	Eagle River, AK
207	Brenna Flannery	18-29	Anchorage, AK
208	Anna Widman	40-49	Kenai, AK
209	Natalie Snyder	30-39	Anchorage, AK
210	Erin Hamilton	40-49	Anchorage, AK
211	Jenna Frederic	30-39	Anchorage, AK
212	Susan Casey	50-59	Eagle River, AK
213	Annika Goozen	18-29	Eagle River, AK
214	Claire Marshalek	18-29	Seward, AK
215	Rebecca Hitchcock	30-39	Kenai, AK
216	Nicole Lawrence	40-49	Seward, AK
217	Kelsey Roth	30-39	Palmer, AK
218	Ingrid Reese	40-49	Anchorage, AK
219	Kay Sind	30-39	Anchorage, AK
220	Tonia Baklanova	30-39	Anchorage, AK
221	Tziporah Lax	18-29	Seward, AK
222	Amanda Chapman	30-39	Anchorage, AK
223	Christy Jordan	50-59	Seward, AK
224	Heather Moon	40-49	Soldotna, AK
225	Janee Moore	40-49	Sterling, AK
227	Binget Nilsson	50-59	Seward, AK
228	Ellyn Brown	70-79	Anchorage, AK
229	Jennifer Anderson	50-59	Seward, AK
230	Stacy Schaffer	40-49	Seward, AK
231	Abby Webb	18-29	Seward, AK
232	Karen Boschenstein	50-59	Anchorage, AK
233	Megan Olson	50-59	Anchorage, AK
234	Kelsey Tranel	30-39	Anchorage, AK
235	Megan Volk	30-39	Grand Junction, CO
236	Jennifer Smith	40-49	Anchorage, AK
237	Marcie Lovgren	40-49	Bozeman, MT
238	Mallory Karp	18-29	Anchorage, AK
239	Shannon Davis	30-39	Eagle River, AK
240	Kassandra Burke	18-29	Anchorage, AK
241	Ilana Schnaufer	18-29	Anchorage, AK
242	Grace Kubitz	18-29	Anchorage, AK
243	Leslie Varys	40-49	Wasilla, AK
244	Jackie Marshall	60-69	Seward, AK
245	Rebekah Stoner	40-49	Bozeman, MT
246	Alina Rubeo	40-49	Wasilla, AK
247	Suzanne Knudsen	60-69	Bird Creek, AK
248	Karen Carswell Kirk	50-59	Eagle River, AK
249	Lynn Spencer	70-79	Anchorage, AK
250	Karen Looney	50-59	Palmer, AK
251	Mikala Fulsang	30-39	JBER, AK
252	Renee Elhard	18-29	Seward, AK
253	Darcy Waddell	50-59	Pueblo West, CO
254	Bethany Shiguango	18-29	Palmer, AK
255	Victoria Johansen	18-29	Anchorage, AK
256	Trina Resari-Salao	40-49	Anchorage, AK
257	Jenna Fuller	30-39	Wasilla, AK
258	Dina Torres	50-59	Eagle River, AK
259	Amrita Mcsharry	40-49	Anchorage, AK
260	Michelle Sensabaugh	30-39	Palmer, AK
261	Wren Dougherty	18-29	Seward, AK
262	Taylor Thorn	30-39	Wasilla, AK
263	Patricia Foldager	60-69	Hope, AK
264	Mary Beth Koster	50-59	Seward, AK
265	Carolyn Burrill	18-29	Eagle River, AK
266	Samantha Jensen	18-29	Eagle River, AK
267	Scarlet Parr	18-29	Anchorage, AK
268	Ava Trembath	18-29	Eagle River, AK
269	Anna Rajek	18-29	Eagle River, AK
270	Jacey Spencer	18-29	Eagle River, AK
271	Linnea Gray	18-29	Eagle River, AK
272	Katee Chard	30-39	San Diego, CA
273	Charlotte Edmondson	50-59	Anchorage, AK
274	Natalie Hunter	18-29	Seward, AK
275	Tahra Nelson	30-39	Wasilla, AK
276	Hope Lorenz	18-29	Anchorage, AK
277	Mikayla Wallace	18-29	Anchorage, AK
278	Hope Basinger	30-39	Anchorage, AK
279	Rachel Kidwell	30-39	Anchorage, AK
280	Rachel Sullivan	30-39	Cooper Landing, AK
281	Anevay Marie		
	Ambrosiani	18-29	Seward, AK
282	Carly Ness	30-39	Seward, AK
283	Erin Messmer	30-39	Wasilla, AK
284	Danielle Gerik	30-39	Anchorage, AK
285	Ristine Casagranda	40-49	Seward, AK
286	Arielle Himelbloom	18-29	Anchorage, AK
287	Devin Drake	30-39	Seward, AK
288	Christine Simpson	40-49	Seward, AK
289	Neeka Erchinger	18-29	Seward, AK
290	Sierra Palmer	30-39	Anchorage, AK
291	Amber Harrison	30-39	Sterling, AK
292	Sarah Bannister	40-49	Wasilla, AK
293	Brenda Deal	50-59	Algona, IA
294	Clare Shea	18-29	Eagle River, AK
295	Glo Chitwood	18-29	Seward, AK
296	Michelle Eidson	50-59	Denver, CO
297	Genta Ljena	18-29	Anchorage, AK
298	Esther Hough	30-39	Anchorage, AK
299	Hannah Petrich	18-29	Talkeetna, AK



300	Elizabeth Jones	40-49	Anchorage, AK
302	Danielle Bischoff	30-39	Wasilla, AK
303	Jordan Fifer	18-29	Anchorage, AK
304	Regina Fiacco	30-39	Anchorage, AK
305	Rachel Thebeau	30-39	Anchorage, AK
306	Rebecca Feldmann	30-39	Anchorage, AK
307	Zoe Dohring (Non-binary)	30-39	Anchorage, AK
308	Emily Roberts	18-29	Loretto, PA
309	Kai McGrath	40-49	Palmer, AK
310	Adrianna Proffitt	18-29	Chugiak, AK
311	Elizabeth Palmberg	18-29	Wasilla, AK
312	Stella Dow	18-29	Seward, AK
313	Tali Novakovich	18-29	Anchorage, AK
314	Amber Weaver	40-49	Anchorage, AK
315	Emily Lindsey	30-39	Great Falls, MT
317	Sadie Ulman	40-49	Seward, AK
318	Chrissy Forgione	30-39	Seward, AK
319	Heather Ricci	30-39	JBER, AK
320	Heather Russell	30-39	Wasilla, AK

WOMEN'S ROSTER  
WAVE THREE

BIB	NAME	AGE	HOMETOWN
401	Dyann Hardy	40-49	Anchorage, AK
402	Jean Labonte	60-69	Eagle River, AK
403	Elyse Delaney	30-39	Seattle, WA
404	Nikole Boggs	18-29	Seattle, WA
405	Holly Sager	60-69	Anchorage, AK
406	Joey Eski	50-59	Anchorage, AK
407	Kelly Gerlach	50-59	Gakona, AK
408	Arianna Sosnowski	18-29	Anchorage, AK
409	Kathy Jacobsen	50-59	Anchorage, AK
410	Amber Sheffield	50-59	Wasilla, AK
411	Leslie Dickson	50-59	Anchorage, AK
412	Amy Brumbaugh	50-59	Anchorage, AK
413	Helena Jagielski	50-59	Seward, AK
414	Andrea Brady	18-29	Seward, AK
415	Kathleen Morrison	40-49	Aumsville, OR
416	Elisha Brownson	40-49	Anchorage, AK
417	Yereth Rosen	60-69	Anchorage, AK
418	Carey Quiring	50-59	Wasilla, AK
419	Billie Jo Kopsack	70-79	Palmer, AK
420	Shelby Bates	18-29	Anchorage, AK
421	Veronica Bunch	40-49	Wasilla, AK
422	Nancy Osborne	70-79	Bellbrook, OH
423	Wendy Bryden	50-59	Moose Pass, AK
424	Bonnie Moore	40-49	Anchorage, AK
425	Adjoa Smalls-Mantey	30-39	New York, NY
426	Jennifer Waltenbaugh	50-59	Homer, AK
427	Kara Moore	40-49	Eagle River, AK
428	Michelle Smith	40-49	Anchorage, AK
429	Joey Caterinichio	50-59	Anchorage, AK
430	Alesia Thon	50-59	Anchorage, AK
431	Rebecca Haviland	40-49	Anchorage, AK
432	Helena Wierzbicki	40-49	Wasilla, AK
433	Ingrid Burton	60-69	Girdwood, AK
434	Chloe Billingslea	18-29	Seattle, WA
435	Catherine Uschmann	18-29	Palmer, AK
436	Emma Uschmann	18-29	Palmer, AK
437	Jennifer Sonne	30-39	Anchorage, AK
438	Katie Stull	18-29	Anchorage, AK
439	Michaela Schaffer	18-29	Anchorage, AK
440	Katherine Cheng	50-59	Seattle, WA
441	Jessica Matzkin	50-59	Windsor, CT
442	Ashlee Champion-Hibbetts	30-39	Seward, AK
443	Marissa Angel	30-39	Norfolk, VA
444	Andrea Nelson	40-49	Eagle River, AK
445	Jessie O'Brien Herson	30-39	Bend, OR
446	Katie Melvin	30-39	Anchorage, AK
447	Maureen McCrea	80-89	Anchorage, AK
448	Annalene Thorn	18-29	Wasilla, AK
449	Jodie Wood	40-49	Auburn, CA
450	Sara Gergen	50-59	Prior Lake, MN
451	Emily Freitas	30-39	Anchorage, AK
452	Susie Lemons	30-39	Palmer, AK
453	Leah Carlson	30-39	Anchorage, AK
454	Gabrielle Light	18-29	Anchorage, AK
455	Erika Cunningham	30-39	Maryville, TN
456	Emily Mailman	18-29	Seward, AK
457	Liliana Santoro	40-49	Anchorage, AK
459	Margaret Maixner	40-49	Big Lake, AK
460	Anna Lee	18-29	Golden Valley, MN
461	Shannon Armstrong	18-29	Anchorage, AK
462	Lisa Griffin	60-69	Angleton, TX
463	Amie Condon	30-39	Anchorage, AK
464	Kayleigh Coffey	30-39	Seward, AK
465	Elizabeth Parry	30-39	Anchorage, AK
466	Ashley Coons	30-39	Seward, AK
467	Josie Hale	18-29	Anchorage, AK
468	Delane Blackstock	40-49	Homer, AK
469	Holly Bowler	30-39	Anchorage, AK
470	Daniela Schwartz	30-39	Eielson AFB, AK
471	Genessa Younger	40-49	Anchorage, AK
472	Muriah Chenoweth	30-39	Cooper Landing, AK
473	Olivia Gregg	30-39	Eagle River, AK
474	Deve Wolfe	50-59	Joseph, OR
475	Lisa Wilcox	40-49	Brighton, CO
476	Melissa Jones	30-39	Seattle, WA
477	Lindzee Powell	30-39	Anchorage, AK
479	Leah Goodrich	18-29	Anchorage, AK
480	Nicolette Standley	30-39	Anchorage, AK
481	Claire Bawtinhimer	30-39	Moose Pass, AK
483	Tori Fishburn	18-29	Anchorage, AK
484	Joye Sumner	18-29	Anchorage, AK
485	Annie Gardner	30-39	Soldotna, AK
486	Christy Gentemann	30-39	Juneau, AK
487	Millie Osguthorpe	18-29	Riverdale, UT
488	Kyla Lucey	18-29	Eagle Rlver, AK
489	Hannah Goodrum	18-29	Chicago, IL
490	Loren Gurkowski	30-39	Anchorage, AK

491	Anna Coke	18-29	Wasilla, AK
492	Jaime Sanders	40-49	Kenai, AK
493	Julia Shatten	30-39	Anchorage, AK
494	Jennifer Gonzalez	30-39	Memphis, TN
495	Anna Berger	30-39	Anchorage, AK
496	Tristian Saccone	30-39	Eagle River, AK
497	Jennifer Wilhoit	50-59	Helena, MT
498	Grace Kirkey	18-29	Anchorage, AK
499	Brianna Hutchison	30-39	Seward, AK
500	Renalynd Sottosanti	40-49	Anchorage, AK
501	Chloe Steiner	18-29	Anchorage, AK
502	Alexa Hanley	30-39	Anchorage, AK
503	Adriane Horn	18-29	Anchorage, AK
504	Madi Sudweeks (Non-binary)	18-29	Salt Lake City, UT
505	Brittany John	30-39	Anchorage, AK
506	Sally Kohlhas	18-29	Palmer, AK
507	Stephanie Tomasco	50-59	Orinda, CA
508	Katherine Lowery	30-39	Palmer, AK
509	Halee Jordan	40-49	Seward, AK
510	Kayla Fallon	30-39	Anchorage, AK
511	Shelby Williams	18-29	Anchorage, AK
512	Melissa Knight	30-39	Anchorage, AK
513	Jahnna Boese	18-29	Anchorage, AK
514	Victoria Lintott	18-29	Newtown, PA
515	Maria Cruz	30-39	Anchorage, AK
516	Carly Kaste	18-29	Burlington, VT
517	Morgan Melton	18-29	Valdez, AK
518	Hannah LaCroix	30-39	Anchorage, AK
519	Liya Billa	30-39	Fairbanks, AK
520	Katie Lauwers	18-29	Anchorage, AK
521	Anna Testore	18-29	Oak Park, IL
522	Kathleen Christenson	50-59	Seward, AK
523	Kelly Mann	70-79	Palmer, AK
524	Micky Cook	50-59	Seward, AK



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# RACERS' HOMETOWN BREAKDOWN

The majority of Mount Marathon racers (86%) are Alaskan through and through.

State	Total
ALASKA	874
COLORADO	26
CALIFORNIA	17
WASHINGTON	13
OREGON	9
ARIZONA	6
MONTANA	6
UTAH	6
FLORIDA	5
MINNESOTA	5
PENNSYLVANIA	5
TEXAS	5
IDAHO	3
ILLINOIS	3
INDIANA	3
TENNESSEE	3
WYOMING	3
IOWA	2
VERMONT	2
CONNECTICUT	1
HAWAII	1
MASSACHUSETTS	1
NORTH DAKOTA	1
NEBRASKA	1
NEW HAMPSHIRE	1
NEVADA	1
NEW YORK	1
OHIO	1
S. CAROLINA	1
VIRGINIA	1
W. VIRGINIA	1
International	
CANADA	3
NORWAY	1
GREAT BRITAIN	1



# Parade Info



## Rockin' & Rollin' Through the Decades

The Seward Chamber of Commerce will host two parades during the festival. On the eve of the Fourth, be sure to head on over to the Seward Boat Harbor to watch our Boat Parade. It will start at 11 p.m. The next day we will host the traditional float parade through our downtown inbetween the men's and women's Mount Marathon Race. You can vote for your favorite in each parade by scanning the QR code shown.

**Boat Parade - July 3rd at 11 p.m.**  
*Theme: Rockin' & Rollin' Through The Decades*

The Boat Parade will take place right before the fireworks display along the waterfront near the Seward Boat Harbor. The theme this year is Rock-in' & Rollin' Through the Decades. Rock on with the boat passengers and don't forget to vote for your favorite themed boat!

**Float Parade - July 4th at 1 p.m.**  
*Theme: America Through The Decades*

For a short period, the streets are taken over by floats instead of runners as the parade makes its way through Seward's historic downtown and waterfront. Many organizations in town

contribute a float! Make sure you secure a spot before it begins at 1:00 p.m. on Thursday, July 4th.

*Sensitive to loud noises and sound?*  
*The first block of the parade, from AVTEC on Second Ave. until Madison St., there will be a*  
**QUIET ZONE** *for those who may not like the sound of loud horns and sirens. Look for the signs as shown here.*

*Look for these signs along Second Avenue*

**QUIET ZONE !**

**SENSORY FRIENDLY AREA**

**AVTEC BY FIRST LAKE UNTIL MADISON ST**



Scan here to vote for your favorite in each parade!

## The Movement Clinic -Seward-

**Dr. Trevor Tew**  
**Chiropractor**

**Services provided:**  
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ConocoPhillips Alaska is a proud sponsor of the Mount Marathon Race  
 We wish all the participants a safe and memorable run!



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 Alaska



# Introducing the Mount Marathon Permanent Logo

The Mount Marathon Race now has a permanent logo created by Moose Pass native Sarah Glaser. The core logo is red, white and blue and shows the letter M in the shape of two mountain summits. It includes an outline of the race trail and a tsunami wave as a nod to Seward's maritime location. The logo package includes multiple iterations of the words Mount Marathon combined with the logo. "With this logo, we wanted to create a modern, enduring symbol of the rugged, exciting nature of the race — while celebrating Mount Marathon's amazing geography," Glaser said. The logo will be used for merchandise, signage, promotion, a new start banner, and a myriad of other purposes. MMR

tions of the words Mount Marathon combined with the logo. "With this logo, we wanted to create a modern, enduring symbol of the rugged, exciting nature of the race — while celebrating Mount Marathon's amazing geography," Glaser said. The logo will be used for merchandise, signage, promotion, a new start banner, and a myriad of other purposes. MMR

will still hold the annual logo contest. Glaser grew up in Moose Pass just outside of Seward and first participated in the Mount Marathon Race at age 14. She's completed 10 adult races with a best of 11th place in 2014. "I love that the event is an excellent motivation to climb mountains and celebrate running," Glaser said.



## Don't Miss the Mini Mount Marathon Race



**Mini Racer Round Up - July 4 at 10:50 a.m.**  
(Meet by First National Bank)

**Mini Racer Start - July 4 at 11:08 a.m.**

The Mini Mount Marathon Race started more than 30 years ago and is still a huge highlight of race day. It was created in 1989 by Sewardites Kim and Skip Reiersen as a way to involve their 2-year-old daughter in Seward's Fourth of July

festivities. The annual Mini Mount Marathon Race provides insight on our future racers and fuels the next generation of athletes.

Any children aged 2 to 6 years old may enter the race and over the past 30 years, thousands of children have participated, with many going on to race in the junior and senior divisions.

Petro Marine has been a sponsor for the

Mini Mount Marathon Race since the beginning. A core group of long-time volunteers makes sure this mini race goes off without a hitch.



Thank you, Petro Marine!

## Thank you, volunteers!

*Every year we have hundreds of volunteers that are vital to the success of this race and festival.*

*The Seward Chamber of Commerce and Mount Marathon Race Committee would like to thank each volunteer for their commitment to the Mount Marathon racers and keeping our Fourth of July Festival tradition alive!*



ALLY BURDETT



SAMANTHA ALLEN



# Festival Fun For Everyone!

The 2024 Seward Fourth of July Festival begins Tuesday, July 2, with select vendors and booths at Adams St. and Fourth Ave. opening at noon. Festival activities continue through 6:00 p.m. on Thursday, July 4.

**VENDOR BOOTH SCHEDULE**  
Tuesday, July 2: 12 PM – 6 PM  
(select vendors)  
Wednesday, July 3: 10 AM – 7 PM  
(all vendors)  
Thursday, July 4: 9 AM – 6 PM  
(all vendors)



## Kids Activities & Games

Games and activities this year will be held on Church Street as well as at Miller’s Landing (13880 Beach Dr).

### TUESDAY, JULY 2ND

2 PM Tug of War, hosted by Kenai Fjords Tours  
6:30 -8 PM Skate Night (at AVTEC GYM, presented by the Seward City Church)

### WEDNESDAY, JULY 3RD

12 PM Musical Chairs, hosted by Youth 360  
3 PM Egg Toss, hosted by the Seward Chamber of Commerce  
4 PM Drag Race, hosted by the Seward Pride Alliance  
5 PM Slow Bike Race, hosted by the Seward Bike Shop  
5 PM Chubby Bunny Contest, hosted at Miller’s Landing  
5:30 PM Seagull Calling Contest, hosted at Miller’s Landing  
6 PM Lowell Point Fish Toss, hosted at Miller’s Landing  
7 PM Tug of War, hosted at Miller’s Landing  
8 PM Downtown Fish Toss, hosted by the Seward Chamber of Commerce & sponsored by OBI Seafoods  
8:30 PM Greased Pole, sponsored and hosted by Catalyst Marine  
10 PM Midnight Kayak Paddle, hosted at Miller’s Landing (paddle & watch the fireworks!)

### THURSDAY, JULY 4TH

11:30 AM Sawdust Hunt, hosted by the American Legion Post #5 & Andrew’s and Sons

### Play The Seward Scavenger Hunt & Win Prizes

Download the Goosechase App by going to [goosechase.com/download](https://goosechase.com/download) and enter the code **P8G5G9** to play!

While you’re out and about enjoying all the festivities, be sure to participate in our Seward Scavenger Hunt. By entering, you will have a chance at winning awesome raffle prizes!

Welcome to wow.

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## OUR AMAZING VENDORS THIS YEAR:

- Alaska Girls Kick Ass
- Alaska Highway Safety Office
- Alaska Mac Shack LLC
- Alaska Soft Serve Co.
- Alpine Fit LLC
- Always June Alaska
- Arctic Pups Dog Gear
- B Outdoors Alaska
- BB’s COFFEE
- Beachcomber Creations
- Crafty Pickers
- Dark North Art Co
- Deb’s Upcycled Designs
- Eli’s Dyes
- FINN LLC
- Flutterby Creations
- Garcia’s Cantina
- GG Macs
- Halibut House LLC
- Higher Endeavors Digital Solutions
- Hot dogs a la carte
- It’s Us
- K.Paulson Illustrations
- King’s Custom Designs
- Kismet art and soul
- La Joya
- Metal Peaches
- Nonkie Bé’s Cajun Faves LLC
- Pioneer Peak Pretzel
- Rebel Made Recycled Clothing Unhinged
- Resurrection Bae
- Seward Coffee Company
- Seward Saunas
- SOA Dept. of Corrections
- State of Alaska Division of Forestry & Kenai
- National Wildlife Refuge
- Stitched by Lizabella
- SWOOP.
- The Happy Hippie
- The Lovdahl Company DBA Dippin’ Dots
- The Original Gourmet Ice Cream Bars, Inc
- The Smokehouse LLC
- The Toy Lady
- UnBEARied Treasure
- Wandering Turtle Glass Art
- Wisconsin Cheese Store
- Youer



Scan here for a Vendor Map & information about our Fourth of July Festival!





# The Annual Fireworks Display

JANESSA ANDERSON

## Thank you to our 2024 fireworks display sponsors!

Gold Sponsor:



Seward Medical Center  
Seward Mountain Haven

Silver Sponsors:



The fireworks display begins at 12:01 a.m. on Thursday, July 4th, marking the official start of the holiday. It will start after the Boat Parade.

The Boat Parade is scheduled for Wednesday, July 3rd, at 11 p.m.

You can view the fireworks display just about anywhere in town, but some popular viewing spots include the Waterfront Park or the Seward Boat Harbor.

As a reminder, dogs are not allowed throughout the festival, so please leave them at home! Be sure to collect all belongings and garbage.

The annual fireworks display is presented by the Seward Chamber of Commerce with the following community partners:

Providence Seward Medical & Care Center  
Firebrand BBQ  
Gateway Hotel  
Major Marine Tours  
Harbor 360 Hotel  
Kenai Fjords Tours  
Northern Latitude Adventures

## Gypsea Treasure Trunk

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& 4TH AVE.  
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@Gypsea\_Treasure\_Trunk

Have fun racers! Thank you Seward for your support in the 2024 Iditarod. I look forward to making you proud when I race in the 2025 Iditarod. -Travis Beals



Seward Highschool Class of 2010  
and 10 time Iditarod Finisher

Help us on our quest to **WIN** Iditarod 2025 by sending us your guests to go dogsledding here in Seward either at our kennel or on Godwin Glacier!



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# Schedule of Events

## TUESDAY, JULY 2ND

12 PM – 6 PM Some festival booths open (Adams St. & Fourth Ave.)

## WEDNESDAY, JULY 3RD

9 AM – 6 PM Festival booths open (Adams St., Church St., & Fourth Ave.)  
5 PM – 7 PM Annual Pie Sale at Seward Memorial United Methodist Church (Fourth Ave. & Church St.)  
5 PM – 8 PM **Bib Pick-Up** (Seward High School)  
5 PM – 8 PM Pasta Feed (Seward High School)  
6:00 PM **Raffle & Auction** For Men's and Women's Race (Seward High School)  
6:45 PM **Race Safety Meeting, Mandatory For First-Time Racers** (Seward High School)  
8:00 PM DJ Gre at the Seward Alehouse (215 4th Ave.)  
9:00 PM Dance Party with DJ Hankerchief at the Yukon Bar (201 4th Ave.)  
11:00 PM **Boat Parade** (Seward Harbor & Waterfront Park)  
MIDNIGHT Fourth of July **Fireworks Display** (Seward Harbor & Waterfront Park)

## THURSDAY, JULY 4TH

8 AM – 4 PM Race Headquarters open (Flamingo Lounge parking lot, 208 Fourth Ave.)  
8:00 AM Annual Pie Sale at Seward Memorial United Methodist Church (Fourth Ave. & Church St.)  
8:50 AM Singing of the National Anthem  
9 AM – 6 PM Festival booths open (Adams St., Church St., & Fourth Ave.)  
9:00 AM **Junior Race** (Mass start for boys and girls) (Fourth Ave. & Adams St.)  
10:00 AM Junior Podium Awards Presentation (Announcer grandstand, Fourth Ave.)  
10:45 AM Mini Mount Marathon Racer Round Up (Fourth Ave. & Adams St.)  
11:00 AM Sloppy Joe Booth at the Resurrection Lutheran Church (Third Ave. & Jefferson St.)  
11:00 AM BBQ Rib Feed at the American Legion Seward Post 5 (Fifth Ave. & Jefferson St.)  
11:00 AM Chicken BBQ at the Sacred Heart Catholic Church (Fifth Ave. & Jefferson St.)  
11:00 AM **Men's Race 1st Wave** (Fourth Ave. & Adams St.)  
11:03 AM **Men's Race 2nd Wave** (Fourth Ave. & Adams St.)  
11:06 AM **Men's Race 3rd Wave** (Fourth Ave. & Adams St.)  
11:08 AM **Mini Mount Marathon Race** for 2–6 year olds (Fourth Ave. & Adams St.)  
12:15 PM Men's Podium Awards Presentation (Announcer grandstand, Fourth Ave.)  
1:00 PM **Fourth of July Parade** (Downtown; see below for route)  
2:00 PM **Women's Race 1st Wave** (Fourth Ave. & Adams St.)  
2:03 PM **Women's Race 2nd Wave** (Fourth Ave. & Adams St.)  
2:06 PM **Women's Race 3rd Wave** (Fourth Ave. & Adams St.)  
3:15 PM Women's Podium Awards Presentation (Announcer grandstand, Fourth Ave.)  
5:00 PM Live Music From "Ellie & The Echoes" at the Flamingo Beer Garden (208 Fourth Ave.)  
6:00 PM **Awards Ceremony** – AVTEC Gymnasium (519 Fourth Ave.)  
9:00 PM Live Music From DJ Hankerchief at the Yukon Bar (201 4th Ave.)



Scan here for any updates  
to the schedule, vendor  
maps,  
information & more!

### Road Closures

On July 2nd,  
Adams St. (from 3rd  
Ave. to 6th Ave.)  
Will Be Closed at 4  
AM and will Reopen  
at 10 PM on July 4th.

No Parking During  
This Time

On July 3rd,  
4th Ave. Will Be  
Closed at 2 PM and  
will Reopen at 7 PM  
on July 4th.

No Parking During  
This Time

